



Bid File of the
City of Rijeka
candidate for the title:
European City of Sport
2022



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FOREWORD BY THE MAYOR OF THE CITY OF RIJEKA

Rijeka, our Port of Diversity, is a city of knowledge and science, a city of sports and culture, economic and tourist centre, boosting with a rich historical heritage. In these unpredictable circumstances, in which we all unfortunately are, Rijeka managed to maintain its urban identity and optimism. In such cosmopolitan and open spirit, Rijeka is holding the title of 2020 European Capital of Culture. Rijeka presents itself to Europe and the world as a creative and dynamic city, a city that is aware of its values but always strives for more and better.

While preparing for this candidacy, we can recall that organized sports activities in Rijeka began earlier than a hundred years ago. As far back as 1885, the oldest sports associations were established, such as rowing, hiking, skiing, sailing, cycling. Rijeka's athletes already participated at the Olympics as early as 1924. Rijeka generated many great athletes, European and world champions and Rijeka's sports audience grew up with their successes. Rijeka can also boast as successful organizer and good host of numerous significant sports events, European and world championships. International sports competitions have been organized in Rijeka since the 1980ies. Through the title of the 2022 European City of Sport, Rijeka would again get the opportunity to prove its capabilities based on its own experience in the organization of top sports competitions and events.

Moreover, we are very proud of the fact that in all the significant events we have organized so far, the citizens of Rijeka widely opened the doors of the city and offered their hospitality to all the participants and visitors. Namely, thanks to the unique mentality of the inhabitants of Rijeka, without any special effort, everyone feels welcome. Rijeka also offers this for 2022, in which we want to be the European City of Sport.

In Rijeka, every year, almost all citizens, at least for a day, run through the streets of their city. Swimming is part of the school program. Everyone sails on one of the biggest regattas at the Mediterranean. The bocce and rowing are important to us, and so is football, of course, and handball, volleyball as well... Over 25,000 citizens of Rijeka are going in for various kinds of sport, of which 17,000 are active athletes. Both professional and recreational athletes of our city have top conditions for trainings and competitions thanks to a wide range of sports infrastructure in which it has been significantly invested for years. In addition to the new complex of swimming pools and several new sports halls, we can certainly offer quality and high standards for all those to whom sport is an important part of life. That is why we can say without any doubt:

**Rijeka is ready to do its best once again.
Rijeka is ready to be the 2022 European City of Sport.**

Vojko Obersnel, M.Sc.
Mayor



FOREWORD BY THE HEAD OF THE DEPARTMENT OF SPORT AND TECHNICAL CULTURE

The City of Rijeka is a city with a long and prosperous past, which has made it a cosmopolitan city of different nations, nationalities and cultures. This city is an example of cooperation of its inhabitants in building their environment, regardless of origin and language. The City of Rijeka has for generations carried the spirit of local coexistence and joint ventures in the City. That is why Rijeka is an example of the European spirit of tolerance and togetherness, but also the ideals that sport carries as a human activity: to be taller, better and stronger every day, in a large family of sports enthusiasts who do the same every day in their communities.

To me personally, it is an honour to be the head of the City Administration Department that promotes sports in such an environment. Viewed from this position, by declaring the City as the European City of Sport in 2022, the City of Rijeka would inherit recognition of such a European and cosmopolitan spirit of cooperation through sport and a great incentive to continue on that path even stronger and more committed. On the other hand, we believe that with this recognition, European sports structures would best show our City how they promote sports and general social ideals of joint work and coexistence of Europe.

Our City is open-hearted and ready for everyone who wants to spend another year of sports in Europe.

With respect,

Zdravko Ivanković
Head of the Department
of the City Administration
for Sports and Technical Culture
of the City of Rijeka





FOREWORD BY THE DIRECTOR OF RIJEKA SPORT d.o.o.

The City of Rijeka has further confirmed its long tradition of sports by building and opening sports facilities in the last 12 years, thus providing athletes with better conditions for training and achieving top sports results, creating places where they will learn to love sports from an early age. In this investment cycle, the City of Rijeka has invested €70,000,000.00 in the construction of new sports facilities (Kantrida Pools, Zamet Center and Kantrida Athletic Hall). These new but also all other sports facilities are conceived not only as places of sports and recreation but also as places of entertainment, socializing and meetings of different age groups, a kind of temple of healthy living (a healthy mind in a healthy body). Proof that sport is part of the everyday life of the citizens of Rijeka is the indicators that show that the average annual sports facilities of the City record approximately 700,000 entries of athletes and recreationists.

Nurturing the sports tradition and the trend of healthy living of all citizens, the City of Rijeka is continuously looking for new ways to develop sports and encourage citizens to sports activities so that the title of the European City of Sport will be an incentive for further investment that will contribute to the overall social development of Rijeka and the region.

Igor Butorac, dipl.ing.arh., MBA,
Director of Rijeka Sport



FOREWORD OF THE RIJEKA SPORTS ASSOCIATION

We are a “city of sports”, a city that lives through sports and for sports. From the first years of its founding, the City of Rijeka has a sports soul and a soul that will bring brilliant world importance results. This candidacy and recognition will be an opportunity to present Rijeka’s sports and athletes who are achieving excellent results, and the title of the European City of Sport will be a tribute to the City of Rijeka and all athletes, sports staff, many volunteers and parents of athletes.

Given a large number of sports associations and clubs, professional and recreational athletes, developed sports infrastructure and numerous future meaningful investments in sports, we will be honoured to present our athletes, sports results and goals.

City of Rijeka citizens have long ago realized all the benefits and effects that sport brings; from health, sociological, pedagogical, to significant direct and indirect economic effects. Obtaining the European City of Sport status is a tribute for many years of work in sports by introducing new activities, content and raising sport to a higher level.

The sport of the City of Rijeka is leading at the national level with its quality and competitiveness, contributing to a healthy social environment and developing sports talents by achieving the principles of sustainability and sports expertise, ensuring access to sports for every citizen, respecting gender equality, and continually improving coaching, competition and sports and recreational processes.

The City of Rijeka is an excellent example of a city that shows how to involve all residents in sports, and thus actively participates in raising the quality of health of all residents, their education and raising self-esteem.

The most outstanding value of the
City of Rijeka is that it is a sports city for everyone.

Dorotea Pešić-Bukovac,
President of the Rijeka Sport’s Association,
ZAJEDNICA SPORTSKIH UDRUGA
GRADA RIJEKE “Riječki sportski savez”





FOREWORD OF THE RIJEKA SPORTS ASSOCIATION

In its long and rich history, the City of Rijeka will certainly remain recorded as a city in which sport is an integral part of its history. In the historical and political turmoil, the City has retained something of the best and universally valuable from every influence.

Sport thus left records that will forever speak of the time and geopolitical space of that era. The first football match, the first basketball match during the former Yugoslavia, the training grounds of the "Falcon Societies", as a movement that has universally spread the values of exercise, the great wealth of water sports, and the development of sports infrastructure, are things that will mark the City of Rijeka on the world map of sports.

It is on these foundations that today's modern City was created. With all the beauties of its position, its rich history and culture, the City have provided its citizens with all that the sport can give today. Equally, a city becomes world-renowned for sports because of the message of its athletes who presented its quality and results. The European City of Sport is a title that the City of Rijeka feels and lives with its heart.

Moreover, it is precisely this positive energy that we want to share with all EU citizens and beyond.

Slaviša Bradić,
General Secretary of the
Rijeka Sport's Association,
ZAJEDNICA SPORTSKIH UDRUGA
GRADA RIJEKE
"Riječki sportski savez"



LETTER OF RECOMMENDATION OF THE CROATIAN OLYMPIC COMMITTEE



MEMBERS OF THE
CROATIAN OLYMPIC FAMILY



LETTER OF RECOMMENDATION

It is my great pleasure to support the bid file of the city of Rijeka as candidate for European city of sport in 2022.

City of Rijeka has been developing all necessary conditions for sport development for many years always taking care about the balance of elite and grass route sports and recreation for all the city inhabitants.

I am always fascinated by enthusiastic work of many sport professionals but also many volunteers in Rijeka. They have been always keen to start but also to conduct and finalize many sport projects financed by EU funds.

As Rijeka is city on the Adriatic shore, sport and tourism sectors are joining their efforts to initiate sport tourism and plan many activities together. Besides this, Rijeka was always very successful sport manifestation organizer and pleasant city for athletes to study and train their sports as well as hospitable destination for all the visitors interesting in sport activities.

I do hope that with support of the Croatian Olympic Committee this bid will succeed and the city of Rijeka will become European city of sport in 2022.

Croatian Olympic Committee



Zlatko Mateša
President

Zagreb, 05/02/2021



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RIJEKA - CITY OF SPORTS

RIJEKA - CITY OF SPORTS

Rijeka is the principal seaport and the third-largest city in Croatia. It is located in the Primorje-Gorski Kotar County on the Kvarner Bay, at the firth of the Adriatic Sea.

Rijeka is the central city and county seat of the Primorje-Gorski Kotar County.

The City of Rijeka and its surroundings (former municipality of Rijeka - Kastav, Viškovo, Grobnik, Kostrena, Bakar, Kraljevica, Klana) has 191,641 inhabitants. Back in the 19th century, Rijeka developed into one of the largest European ports and a powerful industrial centre due to its ideal geographical position and the depth of the sea in the Kvarner Bay.

Rijeka is located in the west of Croatia, on the northern coast of the Bay of Rijeka (14° 26' east longitude 45° 21' north latitude), as part of the larger Kvarner Bay of the Adriatic Sea, which as a large bay of the Mediterranean Sea crept in the deepest along the Gulf of Trieste European mainland. The Bay of Rijeka, which is connected to the southern part of the Kvarner Bay via the Great Gate (between the Istrian mainland and the island of Cres), the Middle Gulf (between Cres and the island of Krk) and the Small Gate (between Krk and the mainland), is deep enough (about 60 m) for the arrival of the largest ships, which enabled Rijeka to become an important seaport.

The City of Rijeka lies at the firth of the river Rječina in the Kvarner microregion. Kvarner coast is situated on the border of 2 historical regions divided by Rječina – Sušak, witch begins the Croatian coast,

and west of Rječina, where begins Julian region, the historic area from Soča in the west to Rječina in the east. Two important land transport routes start in Rijeka. The first takes advantage of the fact that Rijeka is located in the area where the Dinarides are narrowest (about fifty kilometres), which makes it easier to connect the Adriatic coast and the Pannonian interior. Rijeka is also connected to the eastern Alpine area through Postojna Gate.

Rijeka is recognized as a city of industrial heritage. The former large industrial plants are located throughout the city, especially in the area of Mlaka and around Industrijska Street. The industry of Rijeka has left a legacy of significant architectural works.

The City of Rijeka, which is the third-largest city in the Republic of Croatia, is a significant sports centre.

Various sports activities cover over 25,000 Rijeka residents, of which there are more than 12,000 active athletes - 5,529 registered, 4,590 unregistered athletes, and 2,544 others active members, recreationalists, and about 1,900 members of the school and student sports clubs.

They are distributed in 195 sports clubs, i.e. in approximately 400 sports teams from 49 sports and sports disciplines.

According to the age category, the most represented are children (youth) and juniors with 43.6%, students of sports schools 43.5%, and 12.9% of seniors. There are almost twice as many male athletes than female athletes in the ratio of 64:36.

Sports clubs/associations	Sport teams	Sport disciplines
195	400	49

CHILDREN (YOUTH) AND JUNIORS	STUDENTS OF SPORTS SCHOOLS	SENIORS
43.6%	43.5%	12.9%

ACTIVE ATHLETES	>12.000
REGISTERED ATHLETES	5.529
UNREGISTERED ATHLETES	4.590
RECREATIONALISTS	2.544

Considering the attractive sports locations located in the vicinity of the city, Rijeka offers conditions for programs of competitive and recreational sports within 49 sports branches.

Preschool activities are aimed at conducting the city competition of kindergartens through the program of the Croatian Olympic Committee and local sports communities "Olympic Festival of Kindergartens" under the auspices of the City of Rijeka. Sports activities of primary and secondary school students are carried out in about 20 different sports through the city league and competitions of school sports clubs. Student sports activities are carried out through competitions organized by the Rijeka Sports University Association.

The City of Rijeka also co-finances the sports activities of city associations of persons with disabilities and persons with hearing impairments and the activities of their associations.

Besides, the City of Rijeka co-finances recreational activities of citizens through 30 sports programs in 30 local committees of the City of Rijeka, ensures the use of specific sports facilities for the elderly to engage in physical activities without payment (e.g. city swimming pools), and in cooperation with individual associations seeks to bring as many sports and recreational programs as possible, as a desirable form of recreation, in order to improve citizen's health.

Residents of Rijeka, especially young people (the city is home to about 30,000 students and 15,000 students), use sports facilities built in the past few years: swimming pool complex on Kantrida, sports hall on Zamet, athletics hall on Kantrida, football fields on Rujevica, open Campus playground, as well as numerous school sports fields. In this way, Rijeka builds on its impressive sports heritage and enables the continuation of achieving top sports results.

1.1

History of sports in the City of Rijeka

Playing organized sports was recorded in the city more than a century and a half ago. Rijeka is the birthplace of Croatian mountaineering. In 1852, the first ascent in Croatia was organized in Rijeka, when a group of local mountaineers set off for

the nearby mountain Učka, wanting to experience the view that stretches from its heights at dawn. It was five years before the founding of the world's first mountaineering organization. Rijeka is also the birthplace of Croatian skiing. It happened thanks

to the activities of the city's oldest sports club, "Club Alpino fiumano", in January 1885, founded to organize excursions, mountaineering and skiing activities. The first skiers from Rijeka also went to Učka. In the same year, a rowing society began operating. The Sailing Society was founded in 1887, the Cycling Society in 1897, the Gymnastics Society in 1906, and the Swimming Society in 1908. Three swimmers from the "Viktorija Club", which still operates under the name "Primorje", competed at the 1924 Paris Olympics. In Berlin in 1936, Rijeka boxer Ulderico Sergo became the Olympic winner in the bantamweight category. Sergo will also become a three-time European champion and a four-time winner of the Golden Glove in the duels between the USA and the Old Continent.

In 1939, for the first time, the 150 km Adriatic Award motor race was held in Preluk. It was held on the road ring that stretched on the state road number 14 from Kostabela-Bivio (during the motorcycle races of the World Championship so-called "Rijeka bend") to the intersection of the, then provincial road, that continues to Opatija and the one that climbs to Pavlovac ("Opatija bend"). The track was six kilometres long, and 25 laps were

driven, for a total of 150 kilometres. Single-seater racing cars could compete in the race.

In 1945, the sports association "Primorac" was formed, and from the beginning of 1948, it grew into the swimming club "Primorje", which then grew into the swimming and water polo club "Primorje" with a swimming and water polo section.

Already in 1948, the first independent athletic club in Rijeka was founded under the name Sportsko društvo Rijeka, which would be renamed Sportsko društvo Kvarner a year later.

Rijeka hosted the 2008 European Short Course Swimming Championships. In its more than 80-year history, LEN (European Swimming League) has never seen as many records as have been placed at the Kantrida Swimming Pool (Kantrida Swimming Complex). A total of 14 European records were set, of which ten world records and as many as seven best world times. This championship also set a record in the number of participating countries. There were more than 600 top athletes from about 50 European countries. Swimmers from 21 countries won medals, and 40 of the 51 national LEN federations were present in Rijeka.

1.2

The City of Rijeka - European Capital of Culture 2020

Rijeka 2020 - European Capital of Culture is a project by which Rijeka wants to improve the scope and diversity of cultural offer in the city, expand access and participation in culture, strengthen the capacity of the cultural sector and its links with other sectors and increase international visibility and profile of the city and region.

On March 24, 2016, Rijeka was awarded the prestigious title of European Capital

of Culture 2020 for the "Port of Diversity" program, which aims to create a city of culture and creativity for Europe and the future. The selection process lasted almost two years and took place through the Ministry of Culture.

In 2020, Rijeka held this prestigious title, and the citizens of Rijeka and the Primorje-Gorski Kotar County become Croatian ambassadors to European cultural audiences and visitors from all over the world.

The basic idea of the European Capital of Culture project is to connect European citizens by presenting and getting to know the cultural differences of the countries that make up the overall wealth of Europe.

In the year of the title, the cities of the ECOC have the opportunity to show the customs, events and artists of their country and to host European and world artists who represent the culture of other countries.

In preparation for the celebratory year, long-term cultural projects are being developed in the city - festivals, events, cultural buildings are being built, and investments are being made in educating people.

In these ways, the European Commission incorporates culture into the long-term development of cities.

This project brings Rijeka the construction of cultural buildings, financed with European money, in the former industrial complex of the Rikard Benčić factory, which thus permanently becomes Rijeka's art district. In these facilities, after 2020, citizens will enjoy cultural events, and in 2020, in their city and region, they will attend a top cultural program that offers a unique experiential experience.

As part of the project, cultural events are being developed in Rijeka to last beyond 2020, such as the Children's Tobogan Festival or the festival that celebrates world music and gastronomy - Porto Ethno.

For the citizens of Rijeka and the region, a series of training were organized in the field of organization of cultural events, cultural production, so that after 2020 in Rijeka and its surroundings continue to hold festivals, concerts, exhibitions, outdoor performances successfully.

The citizens of Rijeka got involved in the project and proposed various ideas for improving life in the city, and the European Capital of Culture project funds the realization of these ideas. In this way,



citizens have taken an active role in the development of Rijeka, and these projects also continue after 2020.

Children, young people and students are allowed to develop their creativity, to be educated in the field of culture and to participate in the development of creative industries. Members of cultural associations and organizations participate in the 2020 celebration program or attend it and achieve valuable cultural cooperation that will continue to influence the development of culture in the future.

A team of young people employed by RIJEKA 2020 d.o.o., in cooperation with all Rijeka's cultural institutions and numerous associations and partners, is working on the preparation and organization of the program for 2020 when Rijeka holds the title of European Capital of Culture. That year puts Rijeka under the spotlight, and Rijeka offers all its citizens, citizens of Croatia and Europe, numerous tourists and guests a multitude of attractive, more extensive and smaller cultural and entertainment programs in which everyone finds something for themselves - from attractive openings, outdoor performances, extensive exhibitions and festivals through conferences on various topics, concerts and films, all the way to exciting landscaping of public spaces in the city and the opening of newly renovated cultural buildings.

The project presents not only Rijeka and the region, but it is also a national project that ensures the recognition of the whole of Croatia in Europe and the world.

The citizens of Croatia are becoming more visible on the cultural map of Europe, being an integral part of European cultural differences.

With this project, Europe is becoming stronger, and all of us, as its inhabitants, know each other better and are more closely connected.

1.3

Program activities of sport in Rijeka

The program activity of sports in the City of Rijeka is based primarily on the Sports Act of the Republic of Croatia as well as on the Development Strategy of the City of Rijeka.

The tender for financing the Program for satisfying the Public Needs of the City of Rijeka in Sports, and based on the Law on Associations of the Republic of Croatia, is published by the Association of Sports Associations of the City of Rijeka "Rijeka Sports Association" (RSS) for co-financing the program from the Budget of the City of Rijeka.

The RSS Executive Board sends the proposal to the RSS Assembly. After adoption by the Assembly, the Mayor of the City of Rijeka determines the Proposal of the program of public needs for the year in question. The program of public needs in sports for the next year, when adopting the city budget, is adopted by the City Council of the City of Rijeka at the end of the current year.

The amount of funds for financing the Public Needs in Sports Program in the current year is determined by the City Council at the proposal of the Mayor.

The budget co-finances regular activities of sports associations, extracurricular sports activities for children, pupils and students, sports and recreational activities of citizens, kinesitherapy activities for the disabled and people with poor health, incentive programs intended for monitoring and rewarding top

and promising athletes, special programs where monitors the work of the Association of Sports Associations of the City of Rijeka, special programs - organization and implementation of regular and significant international events in the city, performances of Rijeka teams and athletes at international competitions, professional training and publishing programs.

After the City Council determines the Program of Public Needs in Sports, the RSS Assembly adopts the Detailed Plan for the Allocation of Financial Resources within the Program and submits it for subsequent approval to the Mayor and the City Council.

The detailed distribution plan, in addition to the distribution of funds for activities, co-financed through the Rijeka Sports Association and the City Administration Department for Sports and Technical Culture, contains an indication of the estimated costs of using sports facilities for associations covered by them (based on previous facilities). The Rijeka Sports Association keeps records on the use of sports facilities, all to present both grants received by associations from the Budget of the City of Rijeka and assess the use of facilities, which is not a grant in cash, but also a kind of assistance to associations. Facilities owned by the City of Rijeka and Rijeka sport d.o.o., clubs use without paying a fee. In this way, complete transparency is achieved about the attitude of the local community, i.e. the City of Rijeka and the Rijeka Sports Association towards Rijeka sports clubs.

When drafting the Detailed Plan for Allocation of Financial Resources, in part related to training and competitions of athletes, the quality of programs and work of clubs is determined according to the Ordinance on the classification of sports branches of RSS, and sports clubs based on the Ordinance on the classification of

sports clubs according to the number of registered athletes, active selections and professionals involved in the programs. The program of public needs in sports of the City of Rijeka determines activities, jobs and activities in sports of importance for the City of Rijeka, as well as for its promotion at all levels.

The program creates conditions for meeting the needs of the following activities:

1. training and competitions of athletes,
2. additional encouragement of the activities of quality holders,
3. rewarding athletes,
4. conducting sports activities for children, youth and students,
5. conducting sports activities for recreationists,
6. conducting sports activities for people with disabilities and people with hearing impairments,
7. the functioning of the sports system,
8. regular operating expenses of sports facilities,
9. determining the health ability of athletes - sports clinic,
10. organizing traditional and occasional sports events,
11. organizing and participating in significant international competitions,
12. special youth selection programs.



1.4

Distribution of funds for the public needs of the City of Rijeka in sports

The Public Needs in Sports program determines activities, jobs and activities in sports, of importance for the City of Rijeka and sports promotion at all levels. The goal of the Program is to systematically direct the development of sports in the City of Rijeka and continuously provide conditions for meeting the needs of

citizens in the fields of sports activities. This Program consists of activities carried out in part by the Association of Sports Associations of the City of Rijeka "Rijeka Sports Association", and in part by the Department of the City Administration for Sports and Technical Culture, in everything, as follows.

No.	NAME OF ACTIVITY	Budget of 2019.	Budget of 2020.	Budget of 2021.	Budget of 2022.
1.	Athlete training and competitions	1.066.666 €	1.066.666 €	1.066.666 €	1.066.666 €
2.	Additional encouragement of the activities of quality holders	213.333 €	172.042 €	105.872 €	105.872 €
3.	Rewarding athletes	112.489 €	105.872 €	105.872 €	105.872 €
4.	Conducting sports activities for children, youth and students	66.170 €	66.170 €	66.170 €	66.170 €
5.	Conducting sports activities of persons with disabilities and a deaf or hard of hearing person	71.464 €	71.464 €	71.464 €	71.464 €
6.	Conducting recreational sports activities	5.955 €	5.955 €	5.955 €	5.955 €
7.	The functioning of the sports system	198.510 €	198.510 €	198.510 €	198.510 €
8.	Determining the health ability of athletes - sports clinic	28.453 €	26.486 €	26.486 €	26.486 €
9.	Organizing traditional and occasional sports events	10.587 €	10.587 €	10.587 €	10.587 €
10.	Organizing and participating in significant international competitions	28.718 €	45.392 €	45.392 €	45.392 €
11.	Special programs of youth selections	10.587 €	8.205 €	8.205 €	8.205 €
12.	Expenses for regular operations of sports facilities	192.554 €	93.961 €	93.961 €	93.961 €
	TOTAL	1.826.827 €	1.871.310 €	1.871.310 €	1.871.310 €

City of Rijeka Program candidacy goals

The goal of the candidacy is to achieve the recognition of the City of Rijeka through sports. As a city that has built most of the sports infrastructure with its funds, City of Rijeka has created the conditions for the popularization of sports in all aspects that sport offers. Through the synergy of various sports institutions, sports clubs and associations, the goal is to create an organized system that will increase the level of quality of life.

By cooperating with the Tourist Board, the Department of Education, the Department of Health and all sports institutions, the valorization of sports gets its deserved social role. Also, the goal is to create a sports centre of excellence from our city that will, with its sports infrastructure, professional staff and quality, attract athletes due to the existence of a system that offers care for young athletes by offering them conditions for education and quality of life.

Program goals	
Development of sports and recreation in the City of Rijeka	
PRIORITIES	MEASURES
1.1. Mass inclusion of children and youth in sports and recreation programs	1.1.1. Sports and recreation system for children
	1.1.2. Sports for young people
1.2. Involvement of all groups of citizens in sports and recreation	1.2.1. Sports and recreation for people with disabilities and hearing impaired people
	1.2.2. Recreation for the third age
	1.2.3. Recreation for all citizens
1.3. Development of quality and top sports	1.3.1. Strengthening the system of education of athletes
	1.3.2. Creating conditions for an adequate life for athletes
HORIZONTAL MEASURE	
Human resources development in sports and recreation	

Program goal is the Development of sports and recreation in the City of Rijeka, and the priority is the mass inclusion of children and youth in sports and recreation programs. As a measure 1.1.2. Youth Sports - includes high school youth and academic sports. All of the above already exists in the City of Rijeka but through priority 1.1. wishes to emphasize further the need to further develop the entire system of sports and recreation for children and youth, from preschool to the level of academic sports, especially after Priority 1.2. Involvement of all groups of

citizens in sports and recreation will be realized through measure 1.2.1. Sports and recreation for people with disabilities and people with hearing impairments. Although there is already a very active Association of Persons with Disabilities, the measure seeks to further contribute to the Association's activities precisely because of the high costs of competition and the complexity of access for persons with disabilities and their continuous sports and recreation. Besides, measure 1.2.2. Recreation for the third age contributes to the inclusion of this demographically

prominent group of citizens in the local community's active life. It is related to measure 1.2.3. Recreation for all citizens. It should be noted that this is a recreation that would be available to all through the arrangement of public spaces, promenades and hiking trails, which positively affects the health of individuals and the overall quality of urban life. Priority 1.3. The Development of quality and top sports deals with top athletes who are role models and motives for others, especially children and young people. Given that top sport is results-oriented, athletes in these categories need help to create additional conditions related to their education (measure 1.3.1. Strengthening the system of education of athletes), also, through measure 1.3.2. Creating conditions for a good life of athletes, quality and top athletes want to help create conditions for education, training and other life activities following real needs.

From all the above, it can be concluded that through the Program Objectives 1, we wanted to actively contribute to the Development of sports and recreation in the City of Rijeka, for all citizens, but also top athletes.

It follows that sports and recreation are tightly related categories, and what binds them, in particular, are professional staff in sports, i.e. coaches and other experts. Namely, all analyzes show that the professional staff in sports and recreation is numerically insufficient with the continuous need for continuous training. Therefore, the Development of human resources in sports and recreation is emphasized as a horizontal measure within Program goal and extends through all priorities.



STRUCTURE OF SPORT IN THE CITY OF RIJEKA AND THE REPUBLIC OF CROATIA

The pyramidal structure of sports in Croatia implies that sports clubs unite in regional, then into national and European and international (world) federations. Sports base consists of clubs that provide everyone with the opportunity to get involved in sports, which promotes the idea of sports for everyone. Participation in sports activities must be allowed for all categories of participants; top athletes, competitors and recreational athletes. As indicated in the document, of the European Commission, for the development of European sport is essential and useful to enable participation in sports activities to all categories of participants free of charge.

Due to the attractive sports locations located in the vicinity of the city, Rijeka offers conditions for competitive and recreational sports programs within 49 sports branches.

Every citizen can participate in the activities of competitive sports and sports recreation organized (via sports clubs), unorganized (running, swimming, cycling) or in certain forms of commercial organizations in the market (fitness centres).

The basic unit of the pyramidal structure of sports in the Republic of Croatia is sports clubs. Sports clubs voluntarily unite at the local level in city federations (sports communities of an individual city - all sports can be included), branch city federations (Basketball Federation of the City of Rijeka), branch county federations (Basketball Federation Primorsko-goranska County) and national sports federations (Croatian Basketball Federation alliance).

All national sports federations are members of the Croatian umbrella organization - the Croatian Olympic Committee. A similar association system exists in the academic, school, and Paralympic systems.

The public (state) sports pyramid consists of state administration offices in the counties and the City of Zagreb and their administrative departments responsible for sport and the competent offices/departments/administrations for sports issues in local and regional government units (in municipalities, cities and counties), Central State Office of Sports and the National Sports Council as the highest professional sports body that appointed by the Parliament of the Republic of Croatia. These governmental and non-governmental bodies form the system of sports in the Republic of Croatia and are commonly responsible for ensuring the conditions for its further sustainable development. According to the Sports Act of the Republic of Croatia, the activity of sports includes activities participation in sports competitions, sports preparations, sports recreation, sports teaching, organizing and conducting sports competitions and managing and maintaining sports facilities. Sports activities are performed by athletes, coaches, trained persons for work in sports, persons who participate in organizing and conducting sports competitions and managers in sports, who can independently perform activities of participation in sports competitions, sports preparations, sports recreation and sports lessons,

STRUCTURE OF SPORT IN THE CITY OF
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legal entities (associations, companies and institutions), which can perform all statutory sports activities, and school sports associations, which are established without legal personality, for implementation extracurricular sports activities of students.

The basic organizational unit of Croatian and European sports consists of sports clubs that primarily perform the activity of participating in sports competitions and organizing and conducting sports competitions. In order to perform their activities, sports clubs must register as sports associations for competition (citizens' associations) or sports joint-stock companies (Croatian Football Club Rijeka). Regardless of whether they are registered as an association or as sports joint-stock companies, they can have professional or amateur status. Sports clubs that have professional status concluded professional playing contracts with more than 50% of registered athletes in senior competition or if they meet the conditions for acquiring professional status following the rules of the national sports federation.

On the establishment, organization, legal status, registration and termination of sports associations and all their forms of association, the provisions of the Law on Associations shall apply unless any of these issues are not regulated differently by the Law on Sports.

All non-profit organizations in the Republic of Croatia for which the basic goal of establishment and operation is not making a profit, which includes all sports associations and institutions in the field of sports, are required to enrol in Register of non-profit organizations established and maintained by the Ministry of Finance.



SPORTS PROGRAMS IN THE CITY OF RIJEKA

3.1

Program of sports clubs

The largest number of clubs within the branch of sport exists in league and ball sports (bowling, volleyball, football, basketball), and the reason is that clubs within these sports due to the competition system can usually have only one selection per age (and therefore a limited number of members within that selection) and are most often divided by gender (male and female clubs). On the other hand, clubs in individual sports (athletics, swimming, gymnastics and judo) may have a larger number of registered athletes, and each of them, per the results achieved, can participate in competitions -the club does not have a limited number of athletes in competitions.

It is important to note that the number of clubs within one sport does not mean automatic increasing the number of athletes, so one swimming club can have an equal number registered and unregistered athletes as a whole sports branch.

According to the Law on Associations, a sports association can be established by three members. The status sports club (admission to membership of the national branch federation) depends on the propositions within a particular sport; we can say that it is precisely the clubs that are involved in the program public needs in sports of the City of Rijeka, those who in the real sense meet everything prescribed by the Sports Act to be a club intended to

participate in the competitions organized by national sports federations.

Sports clubs are members of the Rijeka Sports Association based on the Ordinance on classification sports clubs divided into four categories according to the level of competition of the club in absolute (senior category), participation and placement of the club in international competitions, number of categorized athletes in the Rijeka Sports Federation and the number of members of national teams, working with all age categories for which there are organized competitions by competent sports federation, the quality of professional staff and the organization of the club. Clubs first categories are most often clubs "carriers of quality" of Rijeka and county sports, while clubs of the fourth category are those clubs that do not have senior selections or whose results or ranking of selection competitions are below the criteria provided by the Regulations.

In Rijeka, in 2017, there were 17 clubs of the first category, 19 clubs of the second, 27 clubs third and 47 clubs of the fourth category. We can say that the clubs are of the first and second category holders of the quality of competitive sports in Rijeka, but we must point out that clubs that do not fall into these two categories are also of great importance for sports in Rijeka because of the programs include more than 6,000 active athletes.

The organization and goals of the club depend on the wishes of its members, but the most common structure for the functioning of the clubs is similar. The highest bodies of clubs are the assemblies that are composed of club members (adult athletes and other club members), administrative or club executive board (usually 5-12 members), supervisory board (supervises the legality of business) and the functions of club president and vice president. No president, vice president or member Assembly and the Executive Board of sports clubs in Rijeka (except FC Rijeka) for their work receive compensation but through their volunteer contribution tries to create conditions for the work of professional staff and athletes (training and competitions). In the club, in addition to the management, there are also administrators (secretaries, directors, sports directors) who can (not the rule) receive compensation for their work. All member clubs of the Rijeka Sports Association are enabled to have financial accounting operations for them, ran by employees of the Rijeka Sports Association, which creates additional savings for clubs but also enables quality and transparent business. In addition to the management, the core of the club consists of coaches and athletes and their participation in competitions for improving their motor, technical and tactical abilities through training. Top and quality athletes train on average ten times a week in their clubs. Apart from the training themselves, participation in competitions is a vital

part of the club's work, for example, Rijeka volleyball clubs play 755 games a year (which is more than 18 games a week for season duration), handball 745, and basketball 596. For example, Handball Club Zamet played 255 games in nine age selections. Adding these numbers Rijeka in competition season holds over a hundred sports competitions every weekend.

For the realization of training programs and competitions of athletes, for all clubs participating in the realization of the program of public needs in sports of the City of Rijeka, the City of Rijeka provides sports facilities owned by the City of Rijeka sport d.o.o for use free of charge and co-finance costs of facilities used by clubs, i.e. sports and recreational associations.

In recent years, there has been a decline in interest in participating in the governing bodies of clubs the first category because due to recession times it is challenging to maintain the level of results that are expected (the costs of professional work and participation in competitions have increased), so it is often the presidents who remain alone at the head of such clubs.

Croatian Football Club Rijeka was transformed into a sports joint-stock company at the end of 2012 in accordance Law on Sports, and its majority owner became the Stichting Social Sports Foundation with based in the Netherlands whose activity is the promotion and development of sports.

3.2

Sports clubs of the City of Rijeka

City of Rijeka has 195 sports clubs in 49 sports and sports disciplines in approximately 400 sports teams



MOUNTAINEERING

Rijeka Mountaineering Club
Mountaineering Club "Put"



ATHLETICS

Athletic Club "Kvarner" Rijeka
Athletic Club "Liburnija"



AUTO AND KARTING

Auto Club "Rijeka"
Auto Club "MRC Autosport"
Auto Club "Ina Millenium"
Auto Club "RI AUTOSPORT" Rijeka



BADMINTON

Badminton Club "Sušak"



CYCLING

Cycling Club "Rijeka"



BOCCE

Bocce Association of the City of Rijeka
 Bocce Club "Vargon"
 Bocce Club "Brajda"
 Bocce Club "Draga"
 Bocce Club "Grbci"
 Bocce Club "Kantrida"
 Bocce Club "Krimeja"
 Bocce Club "Lučki radnik"
 Bocce Club "Mario Gennari JGL"
 Bocce Club "Zamet"
 Bocce Club "Pašac"
 Bocce Club "Drenova" Rijeka



BOXING

Boxing Club "King"
 Boxing Club "Kvarner"
 Boxing Club "Rijeka"
 Boxing Club "Šampion"
 Boxing Club "Sempre Magis"
 Boxing Club "Ajkule"
 Boxing Club "Tim Predator"



SAILING

Sailing Club "3 Maj"
 Sailing Club "Flumen"
 Sailing Club „Maxi“



JUDO

Judo Club "Rijeka"
 Judo Club "Kvarner"



BRIDGE

Bridge Club "Rijeka"



KARATE

Rijeka Karate Federation
 Karate Club "Delta"
 Karate Club "Kvarner"
 Karate Club "No Kachi"
 Karate Club "RI Croatia"
 Karate Club "Rijeka"
 Karate Club "TAD Rijeka"
 Karate Club "Viktorija"
 Karate Club "Zamet"
 Karate Club "9. zmaj" Rijeka
 Karate Club "Champion"
 Karate Club "Primorje"



KENDO

Kendo Club "Rijeka"



WEIGHTLIFTING

Weightlifting Club "Kvarner"



GYMNASTICS

Gymnastics Club "Rijeka"
 Gymnastics Club "Vita"



KICKBOXING

Kickboxing Club "Draga"
 Kickboxing Club "Sušak"
 Powerlifting Club "KVARNER"
 Kickboxing Club "Megacentar" Rijeka



EQUESTRIAN SPORT

“Forza Fiume” Equestrian Club



ROLLING

Inline Skating Club “Peti Element”



BOWLING

Male Bowling Klub “Mlaka”
Male Bowling Klub “Rijeka”
Bowling Club “Mlaka”
Bowling Club “Rijeka”
Bowling Club “Elektroprimorje”
Bowling Club “Telekom”
Bowling Club „Grobničan“



BASKETBALL

Basketball Association Of The City Of Rijeka
Basketball Club “Kvarner 2010”
Basketball Club “Ri Basket”
Basketball Club “Zamet”
Basketball Club “Flumen Sancti Viti”
Female Basketball Club “Riječanka”



FOOTBALL

Croatian Football Club “Rijeka”
Croatian Football Club “Kozala”
Football Club “Grbci”
Football Club “Lokomotiva”
Croatian Football Club “Orijent 1919”
Football Club “Rikard Benčić”
Football Club “Stari Grad”
Football Club “Zamet”
Female Football Club “Rijeka”
Football Club “Doker”



MOTO

Moto Club “Kvarner”



ARM WRESTLING

Arm Wrestling Club “Shark”



ORIENTATION RUNNING

Orienteering Club “Torpedo”



VOLLEYBALL

Croatian Academic Volleyball Club “Rijeka Croatia Osiguranje”
Male Volleyball Club “Gornja Vežica”
Male Volleyball Club “Rijeka”
Volleyball Club “Kozala”
Volleyball Club “Kvarner”
Volleyball Club “Mlaka”
Volleyball Club “Turnić”
Female Volleyball Club “Drenova”
Female Volleyball Club “Gornja Vežica”
Volleyball Club “Zamet”
Female Volleyball Club “Sušak”
VC “Volleyball Academy Petica”
Croatian Academic Volleyball Club “Škurinje”



PARACHUTING

Parachute Club “Kрила Kvarnera”



DARTS

Rijeka Darts Association
Darts Club "Fortuna"
Darts Club "Grand Prix"
Darts Club "Romano"
Darts Club "Taurus"



SWIMMING

Long-Distance Swimming Club
"Primorje"
Swimming Club "Primorje Croatia
Osiguranje" Rijeka
Swimming Club "Kantrida"
Swimming Club "Nevera"
Swimming Club "Rijeka"



RUGBY

Rugby Club "Rijeka"



DIVING

Diving Club "Primorje 2010"



HIKING

Rijeka Hiking Association
Hiking Association "Duga"
Croatian Hiking Association
"HP i HT Učka"
Hiking Association "Kamenjak"
Hiking Association "Čopalj" Rijeka
Hiking Association „Tuhobić“



FIN SWIMMING AND SPEED DIVING

Diving Club "Nevera"



HANDBALL

Male Handball Club "Kozala"
Handball Club "Pećine"
Handball Club "Trsat"
Handball Club "Zamet" Rijeka
Female Handball Club "Zamet"



SKIING

Skiing Association PGŽ
Ski Club "Rijeka"



FREEDIVING

Diving Club "Ocean"



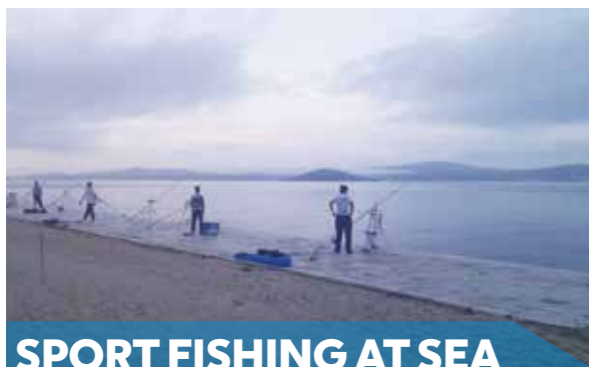
SYNCHRONIZED SWIMMING

Synchronized Swimming Club
"Primorje Aqua Maris"



SNOWBOARD

Snowboard Club "Nine"
Snowboard Club "Ri Fun"



SPORT FISHING AT SEA

Sea Fishing Club "3 Maj"
Sport Fishing Association "Kantrida"
Sport Fishing Association "Luben"



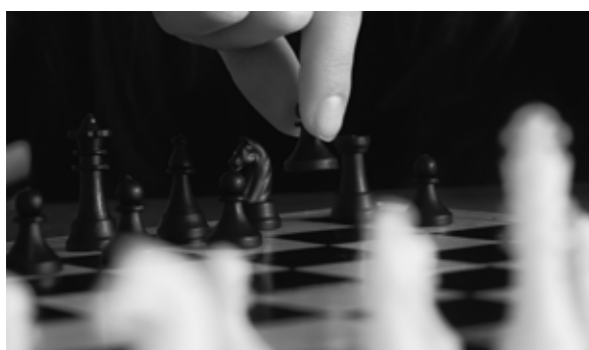
SHOOTING

Shooting Club "Rijeka"
Shooting Club "Elektroprimorje"
Shooting Club "Lokomotiva"
Shooting Club "Papirničar"
Shooting Club "Policajac"
Shooting Club "Protect"
Shooting Club "Rječina"
Shooting Club "Viktor Lenac"
Shooting Club "Vojna Policija"
Shooting Club "3 Maj"



TABLE TENNIS

Table Tennis Club "Kvarner"
Table Tennis Club "Rijeka"
Table Tennis Club "Srdoči"



CHESS

Chess Club "Draga"
Academic Chess Club "Junior" Rijeka
Chess Club "Kvarner"
Chess Club "Liburnija"
Chess Club "Lucija"
Chess Club "Rijeka"



ARCHERY

Archery Club "Rijeka"
Archery Club "Ajkule"



TAEKWONDO

Taekwondo Club "Rijeka"
Taekwondo Club "Sušak"
Taekwondo Club "Velebit"
Taekwondo Club "Primorje Rijeka"



TENNIS

Tennis Club "Kvarner"
Tennis Club "Pećine"
Tennis Club "Rijeka"
Tennis Club "Wimbledon"
Tennis Club Sušak



TRIATHLON

Triathlon Club "Rival"
Triathlon Club "Triton"



WATER POLO

Water Polo Club "Kostabela"
Water Polo Club
"Primorje Erste Banka"



ROWING

Rowing Club "Jadran"



WUSHU

Wushu Club Rijeka



WINDSURFING

Windsurfing Club "401"



AVIATION

Free Flight Club "Kрила Kvarnera"
Paragliding Club "Flumen"



3.3

Professional sports clubs of the City of Rijeka

3.3.1

HNK Rijeka

HNK Rijeka is a Croatian football club from Rijeka. It is one of the most successful Croatian clubs in terms of tradition and significance in Croatian football. The club was founded in 1946 under the name "Kvarner". FC plays home games at the Rujevica stadium, and until 2015, Rijeka played at the Kantrida stadium.

HNK Rijeka won the title of Croatian champion in 2017, while it was a runner-up seven times. It won 7 national cups, 2 Yugoslav cups and 5 Croatian cups, one Croatian football super cup, and the Balkan Cup in 1978. The biggest rivals of HNK Rijeka are the teams of Split's Hajduk, Zagreb's FC Dinamo, Pula's FC Istria and the city's rival FC Orijent. The Armada Rijeka FC fan group was founded in 1987.

HNK Rijeka has achieved the greatest successes in its history and trophies in cup competitions. In 1978, HNK Rijeka won the first trophy in their history, the Marshal Tito Cup. In the Belgrade final, Rijeka beat FC Trepca and won the Cup with a goal by Milan "Krlja" Radović. More than sixty thousand people attended the football players' reception in Rijeka. A season later, HNK Rijeka defended the title of Cup winner, against Partizan. In the first match at Kantrida, with the goals of Nikica Cukrov and Dragoljub Bursać, Rijeka won 2:1. In the second match in Belgrade, it was 0:0, with which the people of Rijeka won their second cup for another big celebration in Rijeka.

In 1980, HNK Rijeka played in the quarterfinals of the Cup Winners' Cup,

where it was defeated by Italian Juventus, while in the UEFA Cup, it achieved its most tremendous success in 1984 with a 3:1 victory over Real Madrid.

2005 HNK Rijeka wins its new trophy, this time in independent Croatia, the Croatian Football Cup. In two matches, Rijeka outscored Hajduk 3:1, and were again welcomed in the centre of Rijeka in front of a similar number of people as in 1978.

In 2006, Rijeka won the Cup again, this time against FC Varteks from Varaždin. The club won its third Croatian football cup in 2014 when in the final with a total score of 3:0 in two games, FC Dinamo was defeated. In the first, away, game, Rijeka won 1:0 with a goal by Ivan Tomečak, and in return in front of their fans, the whites won 2:0. Rijeka also won the Balkan Cup in 1978 and played in the finals of the national cups in 1987 and 1994. Rijeka also won the national Super Cup in 2014.

These successes place Rijeka at the very top of the most trophy-winning and largest Croatian clubs.

On August 22, 2013, the biggest match in Kantrida in the recent history of Rijeka was played. In the first game of the play-off phase for entering the Europa League, Rijeka played with German Stuttgart and won 2:1. In the return match of the play-off phase for entering the Europa League, Rijeka played 2:2 with Stuttgart in Germany, thus ensuring a historic entry into the Europa League. In the 2014/15 season, Rijeka entered the Europa League for the second time by knocking out Sheriff Tiraspol in the play-off phase.

The new trophy has been awaited for three years, and in 2017, in the most successful season in its history, Rijeka finally won its first state title. By winning the match against FC Cibalia. The title of the winner of the Cup was added to the title of champion

with the victory against FC Dinamo in the final in Varaždin (3:1), so in 2017 Rijeka won a double crown.

Seasons 2017/2018 Rijeka played in the Champions League qualifiers where they were stopped by FC Olympiacos on the last step, in the play-off phase. Rijeka continued the competition in the groups of the European League, where it achieved notable results, and the most valuable was the victory against AC Milan (2:0), one of the world's largest clubs.

In 2019, Rijeka continued the trophy era and won another national cup with a victory over the favoured Dinamo, which in its most successful season 48 years ago finally welcomed spring in European competitions. Nevertheless, despite all the predictions and a significant points gap in the championship, Rijeka deservedly defeated the current champion in the final match in Pula and celebrated 3:1.

Only a year later, Rijeka defended Rabuzin's sun. In the 2019/2020 season, which will be remembered for the coronavirus pandemic, Rijeka defeated Buje (1:0), Varaždin (2:1), Dinamo (1:0), , it was more successful than Lokomotiva (1:0). Rijeka thus reached the sixth Rabuzin sun since Croatian independence, equaling with Hajduk.

History of HNK Rijeka

The tradition of playing football in Rijeka is extraordinarily long and rich, so the first football match in the area of today's Croatia was played in Rijeka. It was in 1873, and the reason was the opening of the Rijeka-Karlovac- Zagreb-Budapest railway section. In the match, English engineers and technicians met as employees of the Hungarian State Railways (MAV) and employees of the Rijeka Technical Institute (STABILIMENTO TECNICO FIUMANO,

later the first torpedo factory in the world), including domestic engineers who formed the core of the factory. The match was played not far from the entrance to the Torpedo Factory.

That football became extremely popular in a short time is also shown by the fact that the Hungarian government decided in 1890 to introduce football in the teaching of exercise in all schools. Nevertheless, the appearance of the first football clubs will have to wait another fifteen years. Thus, in 1904, Club sportivo Olimpia was founded with sections for swimming, cycling, athletics and boxing, and the football section was added on November 25, 1906.

Olimpija will be joined by several other football clubs in Rijeka, including Gloria, which was founded in 1918. Olimpia and Gloria were the city's biggest rivals until September 2, 1926. did not merge into the football club Unione Sportiva Fiumana. It is a club that played in the Italian Serie A two years later, thanks to which the biggest Italian clubs such as Inter (then Ambrosiano), Juventus and Napoli were guests at the Kantrida stadium. At the opening of the refurbished Kantrida in 1935, Fiumana hosted Roma, and in June 1941, Fiumana became the champion of the Italian Serie C.

FC Rijeka follows the tradition of Olimpija, Gloria and Fiumana. By decree of the Yugoslav communist authorities, Fiumana was closed down in June 1945, and immediately in 1946, FC Kvarner was founded, which was joined by most of Fiumana's players and who, like Fiumana, played at the Kantrida stadium.

During its early years in Yugoslavia, NK Kvarner recorded moderate successes at various Yugoslav and local club championships. He changed his name to NK Rijeka on June 3, 1954, after which in the 1957/58 season entered the first league of

the then Yugoslavia. The club remained among the first leaguers until the 1969/70 season.

During the competition in the Yugoslav championships, FC Rijeka achieved a record that no other club managed to break until the collapse of the state. Rijeka had the highest percentage of points scored in the then second league. This remarkable result came during the first half of the 1970s when there were four other leagues and their champions played qualifiers to enter the first. NK Rijeka then entered the first league only in the third attempt. The people of Rijeka were stopped twice by Crvenka, and once by Osijek. In total, the club spent seven years in the then second Yugoslav league (seasons 1954/55 - 1957/58 and 1970/71

- 1973/74), of which 4 were champions so that during the seventies year she never had more than three defeats (when she was champion).

Since 1953, every year in June, HNK Rijeka has been organizing the Kvarner Riviera, a respected international youth football tournament for players under 19 years of age.

The club received the highest award of the Croatian Football Association, the Youth Trophy, in the first year of the award ceremony, 1979.





About 180 children from Sušak and other parts of the city engage in sports activities daily. The conquest of the Kvarner Riviera in 1995 is mentioned as the tremendous success of the youth school.

The only first league city derby between FC Orijent and FC Rijeka played in Krimeja is the one in the 1996/97 season of 1st HNL. It was the match of the 2nd round, on August 25, 1996, in front of 6,000 spectators, and it ended in a draw, 2:2.



3.3.2

HNK Orijent 1919

HNK Orijent 1919 is a Croatian football club from Sušak, a place that is administratively part of the City of Rijeka. It was founded in 1919 under the name "Orijent". The name of the club was given by the sailor Franjo Matković after the steamer Orijent, and in its beginnings, Orijent was a club of working and student youth. In 1926, the club ceased to operate, but already in 1928 it was renovated and began to compete within the then "1st parish of the Zagreb sub-union". After the Second World War, the club first bears the names Jedinstvo and Primorac, then Primorje, while in 1948 it changed its name to Budućnost. Since 1953, the club has been returning to the old name Orijent, under which it has been performing continuously

ever since. He is currently a member of the 2nd HNL (Croatian football league).

FC Orijent plays at the Krimeja stadium, which is located in the Sušak area of Rijeka. The stadium was built in 1923, and at the opening, it was hosted by a powerful team of HAŠK from Zagreb. The stadium today can accommodate 3,500 spectators (2,500 seats and 1,000 standing places).



RIJEKA SCHOOL AND PRESCHOOL SPORTS PROGRAM

It is necessary to create habits in children from an early age that will guide them in the future to a healthy and quality lifestyle. Therefore, raising awareness, especially among parents, is about importance physical activity of preschool children, extremely significant, the more so because preschool children ages have a natural need to move. In this process, kindergartens have an important task in systematic organization of appropriate exercise programs, and it is necessary to systematically connect preschool sports with sports in primary schools to encourage children to physical activity and later directed them towards a particular sport, according to their preferences.

In the Primorje-Gorski Kotar County, there is an Association of School Sports Associations of the City of Rijeka and Association of school sports associations of Primorje-Gorski Kotar County, which were founded to encourage and promote student school sports activities, coordinating activities and organizing and conducting sports competitions of school sports associations.

The Association of School Sports Associations of the City of Rijeka is exclusively financed from the City Budget Rijeka or the Rijeka Sports Association.

The Association of School Sports Associations of the City of Rijeka organizes regular school competitions for primary school sports associations and secondary school sports associations. Competition system of school sports clubs is organized in the form of city championships organized by the city federations of school sports associations and county and also semi-

final and final competitions of national championships organized by the Croatian School Sports Federation.

In cooperation with the Association of School Sports Associations of the Primorje-Gorski Kotar County in part, the schools have launched a Universal Sports School program aimed at encouraging optimal development of motor potentials of children aged six to ten.

School sports are practised by a large number of students who are involved in the work of school sports associations. Most students involved in school sports clubs generally play sports as part of the training processes of sports clubs. Particular emphasis should be placed on those students who are not active in sports outside of school. Involving as many students as possible in various school sports activities (sports competitions, active nature trips, outdoor recreation), as well as the more active involvement of students with disabilities in the school sports system, are also priorities for school sports development.

The backbone of professional work in school sports societies is made up of physical education and health professors culture and external collaborators. The work of teachers of physical education and health in school sports society is treated as part of their work obligations and is an essential prerequisite for the development of the school sports system.

The number of preschool children and the number of primary and secondary school students and students - participants in competitions and sports programs in 2019 was 7,500.



Association of school sports societies of the city of rijeka

The Association of School Sports Associations of the City of Rijeka is an association of 42 school sports associations of primary and secondary schools in the City of Rijeka. Its activities and authorization work on the development and promotion of sports as a form of extracurricular and extracurricular activities.

Every year the Association of School Sports Associations of the City of Rijeka organizes competitions for girls and boys in the following sports, depending on the number of school entries: futsal, basketball, volleyball, handball, table tennis, chess, athletics, cross country running, gymnastics, swimming, badminton, judo.

By participating in these competitions, teams have the opportunity to be placed in county and state competitions, and student-athletes who achieve specific successes also receive points for enrollment in high schools.

Participating in sports competitions, students spend time engaging in physical activity, which is, unfortunately, less and less of a case today. The competitions also include larger groups of students who do not train a particular sport outside of school to encourage them to continuously and frequently engage in physical activity and gain the habit and learn the importance of movement from an early age.

Sports program "Igram do sporta"

In the five kindergartens of the Kindergarten Rijeka, the "Igram do sporta" (With play to sports) program is being implemented, including 266 girls and boys out of a total of 3,250 children in kindergartens in Rijeka. Sports program "Igram do sporta" is carried out four days

a week during the pedagogical year under the guidance of an educator and two kinesiologists and is funded by the parents of the children involved in the program. With a program in the hall, visits to sports fields, excursions and guest appearances of athletes are included.

Kindergarten Olympic Festival

The Croatian Olympic Committee holds a sports competition for kindergartens called the Olympic Festival of Kindergartens of the Republic of Croatia, preceded by local competitions. Thus, the Olympic Festival of Kindergartens is organized in Rijeka at the city level. The organizers of this sporting event are Kindergartens "More", Kindergarten "Rijeka" and Kindergarten "Sušak" and Rijeka Sports Association with the support and patronage of the City of Rijeka.

With this project, the Croatian Olympic Committee promotes Olympic ideals such as respect for the game rules, respect for other competitors, respect for officials in

charge of law enforcement, fair play, self-discipline, teamwork, self-esteem and rejection of violence. The project aims to promote Olympism, raise children through sports, and encourage the harmonious development of intellectual, mental and physical virtues of the child. This action is also supported by the Club of Rijeka Olympians, whose members hung out with the children and tried to convey a part of the Olympic spirit. The Kindergarten Olympics is held with sponsors and donors' financial assistance - the Association of Football Referees, Athletic Referees and the City of Rijeka.

Sports program "Rijeka Pliva"

The City of Rijeka and the Swimming Club "Primorje - Croatia osiguranje" have jointly launched the project "Rijeka pliva" where Rijeka primary school's students join the swimming school free of charge. Swimming is considered a comprehensive sport that can significantly influence the optimal growth and development of the child. Thanks to the newly built swimming pools on Kantrida, Rijeka's students received first-class conditions for practising this sport. The City of Rijeka

and the Swimming Club "Primorje Croatia osiguranje" provide second-grade students of Rijeka with quality education and swimming training through this exciting project that has been implemented since 2008.



Universal sports school

Universal Sports School is intended for students from the first to the fourth grade of primary school. The goal of the universal sports school program is to include as many of the youngest students as possible in sports activities, i.e. to create the habit of daily physical exercise. Children under the professional supervision of

kinesiologists, playing in an exciting and pedagogically appropriate way for their age, learn the primary forms of movement and the essential elements of many sports. The universal sports school program is conducted twice a week for 45 minutes, throughout the school year.

Mountaineering school "Mala planinarska škola"

In cooperation with the Rijeka Healthy City project and the Rijeka Mountaineering Association, a pilot project "Mala planinarska škola" was launched, which aims to encourage students to stay in nature as often as possible, teach them to respect nature and how to behave in nature.

By engaging in mountaineering, young people are encouraged to respect nature, but also to develop a whole range of positive life skills, from respecting others to developing self-esteem, responsibility and generosity.

During the Small Mountaineering School, students will have the opportunity to learn more about the history of mountaineering in Croatia, movement in the field, mountaineering ethics, ecology and plant protection, setting up tents and tying knots, and will acquire several mountaineering skills. In the pilot project, in addition to teaching, excursions and competitions in mountaineering orientation and mountaineering skills were organized. Each student receives a booklet in which he can describe the trips they have been on with their parents, all to animate the whole family to stay in nature and plan.

RiSS – Sport in Rijeka for everyone

In October 2019, the implementation of the project “RiSS - Rijeka sport for all” began with the initiative of the Association of Sports Associations of the City of Rijeka “Rijeka Sports Association”, the Department of Health and Social Welfare of the City of Rijeka and the Teaching Institute for Public Health Primorsko-Goranska county.

The RiSS project started with the need to include children of lower socioeconomic status in the sports activities of the City of Rijeka. The project is realized through cooperation with sports clubs, members of the Rijeka Sports Association, which provide free training for children and young people.



“Ri Move” Sports School project

The project “Ri Move” was introduced in primary schools in the City of Rijeka to promote and encourage children to physical activity. The idea of the Ri Move project is being developed to make sports accessible and free to children, and that sports positively influence the development of children in all segments, not just sports. The project started with the realization in the school year 2016/2017 and is currently conducted in 11 primary schools in the City of Rijeka (Elementary School “Brajda”, Elementary School “Dolac”, Elementary School “Eugen Kumičić”, Elementary School “Gornja Vežica”, Elementary School “Kantrida”, Elementary School “Pećine”, Elementary School “Vladimir Gortan”, Elementary School “Trsat”, “Škurinje”

primary school, “Podmurvice” primary school, “Kozala” primary school) with the intention of expanding to other schools, and intended for students from 1st to 4th grade. The project includes athletics, gymnastics, judo, football, handball, basketball, volleyball, kendo, dance, table tennis and karate. The program includes teaching necessary skills that affect children’s physical and psycho-social development, promotes physical activity and a healthy lifestyle, and more than 900 students. The programs are conducted in schools, in the school hall during an extended stay, and are conducted by educated coaches from every sport and famous Rijeka athletes. In the coming years, it is planned to include other sports in the program and acquire

basic knowledge about the techniques and rules of individual sports. There are two to three coaches in each “Ri Move” class who train students in sports skills, and by regularly changing the schedule, we allow children to try out all the sports included in the program.

As part of the project, new ideas were realized, such as “Sports reading”, “School of healthy eating”, “Eco Corner”, holding small, simple theatre performances with sports themes, organized trips to the castle Stara Sušica for schools involved in the project, program “Rijeka pleše”, in which primary school children are allowed to learn the basics of dance, and a large sports manifestation “Children’s Sports

Festival” in which Rijeka preschoolers are presented sports that are part of the project.

The project “Ri Move” also includes a program to introduce children from primary and secondary schools in the City of Rijeka and Primorje-Gorski Kotar County to water sports. As a city on the sea, the City of Rijeka is naturally connected with water sports, in which the lack of adequate sports programs is characteristic.

All programs are free for all participants since the City of Rijeka funds them.



Program “Sportske lektire”

“Sportske lektire” is a sports reading program, part of the “RiMove” project of the Rijeka Sports Association, which is implemented in a dozen primary schools in the City of Rijeka. It is intended for students in the lower grades of primary school, and the goal is to guide children towards the values of sports through reading sports journalism intended for their age and verified by the Croatian Ministry of Education.

As the coronavirus pandemic and the suspension of classes made it impossible

to read sports books in schools, the Rijeka Sports Association has adapted the program so that children can follow the illustrations and listen to sports stories online. Great interest was shown in the program, so a prize game was launched in which lower grade students of primary schools in the City of Rijeka and Primorje-Gorski Kotar County submit artworks inspired by sports reading. Out of a total of submitted works, the most successful ones are awarded.

Sports trip in nature

A sports trip in nature is an upgrade of the project of the City of Rijeka “RiMove”, which introduces children to various sports in the extended stay of Rijeka primary schools, teaches healthy eating, encourages reading sports reading and raises environmental awareness. All activities of the “RiMove” project, including sports trips, are free for participants. During the trip, children stay for free in the Stara Sušica castle, which is owned by Rijeka. The goal of the two-day sports excursion program is to upgrade the sports knowledge and skills that children acquire through the project in schools, bring them closer to implementing sports preparations in the way professional athletes do and socialize actively enjoy nature. The project is fully funded by the City of Rijeka.



Eco-corner

The agreement between the Teaching Institute for Public Health, HNK “Rijeka” and the Rijeka Sports Association is intended to raise awareness about ecology and environmental protection. Through actual examples of waste collection and sorting, children are socializing with players and famous athletes and are introduced to the possibility that, for example, it is possible to make one football jersey from 15 plastic bottles.



“Rijeka pleše”

Through the project “Rijeka pleše”, Latin and standard dances are represented in a volume suitable for children from 1st to 4th grade of primary school. Dance training is conducted one school hour a week, led by the famous Rijeka dancer and dance school “Dansel” - Elio Bašan.

One of the project’s goals “Rijeka pleše” is to increase the number of children

involved in another sports activity that is different in content from the activities covered so far by the Ri Move program.

The project implementers are the Rijeka Sports Association with the support and patronage of the City of Rijeka. All programs of the “RiMove” project are free for children attending.

Aqua Ri-Move

The program, which is implemented with kinesiologists and kinesiologists’ association under the “Ri Move” project, is intended for the education of children in water sports. Children are taught rowing, sailing, and standup paddleboarding free of charge.



Children’s sports festival

A sports festival is held for preschool children in the City of Rijeka, where they get to know all sports groups and all the projects that the “Ri Move” project of the Rijeka Sports Association contains. The festival is held in December, when children are given presents, with the inevitable Santa Claus.



UNIVERSITY SPORTS PROGRAM IN THE CITY OF RIJEKA

The **Rijeka University Sports Association** is the umbrella organization for the promotion, improvement and organized development of sports at the University of Rijeka. It was founded at the beginning of 2005 as an association of associations, and any legal entity that organizes student sports activities at the University of Rijeka can become a member.

The members of the association are SŠD Pravnik (Faculty of Law), SŠDSOSS (Faculty of Medicine), SŠD No Lmit (Faculty of Engineering), SŠD GRASS (Faculty of Civil Engineering), SŠDFRi (Faculty of Philosophy), SSD TURIST (Faculty of Tourism and Hospitality Management), SŠDEFRI SPORT (Faculty of Economics), SŠDNAUTILUS (Maritime and Faculty), SSDUSBRI (Department of Biotechnology), SSDVELERI (Polytechnic of Rijeka) and UKSUR (Association of Kinesiologists SUR).

Every year, the Rijeka University Sports Association organizes the **Unisport League** in which participants are members of all student sports societies from the University and the Polytechnic of Rijeka. Every year, the Unisport League has an increasing number of participants and includes more and more sports, both team and individual. The goals of the organization of the Unisport League are the promotion of the City of Rijeka. Their determinants are to ensure optimal conditions for a healthy life and the development of academic abilities outside the academic activities of its students. Also, the Unisport League is promoted among the primary, secondary and student population of the City of Rijeka active sports and healthy living.

In addition to all the above, the tourist effect of the League is expressed in arrivals of students from other Croatian universities to qualification tournaments in Rijeka.

In order to implement the projects, the facilities of Rijeka Sport and the City of Rijeka are used (Kantrida Pools, Zamet Center, SRC 3. Maj, Dinko Lukarić Hall, Kantrida Stadium), while the implementation study programs use sports gyms (Fitness clubs Blue Gym, Lovorka and Studio S), sports field on Campus, Kantrida Pools and Sušak Sports and Recreation Center.

Within the Unisport League, a total of 15 sports in 30 sports disciplines were organized for students of the University of Rijeka, which is a total of 1,921 participants.

Athletes had the opportunity to compete in: chess (students), table tennis (students, students, doubles (M)), badminton (students), squash (students), futsal (students, students), handball (students), cage ball (students), darts (students -Individual), basketball (students), swimming - 50 m freestyle (students), 50 m backstroke (students), 50 m breaststroke (students), tennis (students, students, couples (M)), volleyball (students), and beach volleyball (male and female students), basketball 3v3 (male and female students). The Unisport League competition system is a cup system.

The main projects of the Rijeka Sports University Association of local character are the organization **Unisport League** (university sports championships), **UKSUR Cup, Academicus**, and the organization of **Student Sports Day**.

Among the projects at the state level, participation in the University Sports Championships of the Republic of Croatia, organization of university semifinals and finals, and management of the national project **UnisportMag Croatia** should be singled out.

International projects include the organization of the **European University Volleyball Championship** in 2007, the **European University Bridge Championship** in 2009, the **European University Handball Championship** in 2011, the **World University Championship in Bridge** in 2014 and the **European University Taekwondo Championship** in 2015.

In addition to the above, the Rijeka University Sports Association is supported by the University of Rijeka, City Rijeka and the City of Zagreb hosted the **European University Games Rijeka-Zagreb 2016**, the largest sports competition ever held in the Republic of Croatia.

The Games were attended by 5,408 student-athletes from 40 European countries, 388 universities and a total of

862 university team. Students competed in 23 sports, including first-time and two sports for students with disabilities (swimming and table tennis). In addition to sports competitions, with students and visitors had the opportunity to participate in daily accompanying activities such as cultural events, entertainment program, concerts, conferences, congresses and seminars.

In addition to sports events, in May 2010 the Rijeka University University Association organized the **1st Croatian Conference on University Sports** with International Participation and the **Regional Ministerial Conference** on the Development of Academic Sports in the Region in February 2014. in which the ministers of Croatia, Bosnia and Herzegovina, Serbia, Slovenia and Montenegro participated Up.

Among other sports and promotional activities in 2016, the co-organization of the trekking race **Academic Rabbit**, which is held in cooperation with the University of Rijeka Foundation, should be singled out is intended for the participation of all members of the academic community, the promotion of the student sports in the camp for freshmen **RIBROO** organized by the Student Union of the University of Rijeka, a which is intended for students who have just enrolled in college to more easily adapt and get acquainted with all the activities offered at the University except teaching and the organization of **Student Sports Day** as part of the Student Day Festival. Our students also take part in the Homo si teč race.

Also, the Rijeka Sports University Association is a member and active through its representatives participates in the work of the following organizations: Croatian Academic Sports Association (functions Vice President and President of the Supervisory Board), European university sports association (functions of members of the Executive Board, Technical Commission and Student Commission), International University sports federation, Rijeka Sports Federation (a member of the Executive Board), Sports Association Primorsko-Goranska county (a member of the Assembly), National Sports Council of the Republic of Croatia (member).

The **Sports Office**, as a structural part of the University of Rijeka, provides organizational and logistical support to the RSS (Rijeka Sports Association) in the planning and implementation of these projects.

One of the projects of the University of Rijeka, related to sports, is the **Institute for Physical Activity**, sports medicine and health for which space, 13,407 m², is provided on the Trsat Campus.



SPORT RECREATION OF CITIZENS

In addition to a large offer of sports programs through sports associations and clubs, in our city, some places are suitable for independent sports. Such places are most often recreational zones and are open for use by citizens. Some of them have custom devices that enrich the content. Soon, several more open training grounds will be opened and equipped.

Recreation is a refreshment for the body and includes fun and enjoyment in active

leisure. It is crucial in nurturing healthy lifestyles. It can be carried out in nature, on sports fields, in sports and recreation facilities, but also other places. As part of encouraging physical activity in the health aspect in the segment of preventive exercise, improvement of general physical health or therapeutic effect, there are organized programs for specific target groups. Citizens can recreate in this way under professional guidance in various activities.

Rijeka promenades

The project "Rijeka Promenade" was launched as part of the activities of the Office "Rijeka - Healthy City" of the City of Rijeka, and the realization followed through the cooperation of the City of Rijeka with mountaineering associations "HT and HP Učka", "Duga" and "Bazovica" from Rijeka.

The idea of Rijeka's promenades starts from the intention of connecting the extreme southeastern and extreme northwestern points of the city area, i.e. enabling a pedestrian hike from Plumbum in the eastern part of the City of Rijeka, to Bivio, or Preluk in the western part of the city.

The "ring" of Rijeka's promenades is divided into several sections and subsections (trails) that all start and end at bus stops, and pass through the most beautiful and greenest parts of the city, with many historical monuments that surround them.

The City of Rijeka is also planning the realization of a coastal promenade, which

will create a unique set of promenades. The promenades are designed for recreational purposes, and the desire is to encourage citizens to move more.

The promenades are designed for recreational purposes, they are suitable for education, getting to know the flora and learning how to navigate the area, and can also serve as a supplement to the tourist offer of the City of Rijeka. Two sections (Veli vrh and Preluk-Bivio) will be able to be used by people with disabilities and the elderly.

The project intends to encourage citizens to move more for personal health, to walk, and to have a part of their daily commute to Rijeka promenades. In this way, the people of Rijeka themselves will get to know their city better of the many natural beauties that surround the city, and they will be able to share such a landscaped space with all those who come to Rijeka.

Beaches

Rijeka's beaches are characterized by excellent quality bathing sea. Due to the Mediterranean climate in Rijeka, the bathing season starts in spring and lasts until late autumn. Two beaches in Rijeka, Ploče and Kostanj, are marked with the Blue Flag, the best proof of the purity of the Rijeka sea.

Given the location of the city, Rijeka's beaches are located east and west of the city centre. To the east, in Pećine, there are eight beaches, most of which are only a few minutes away from the city centre.

In the west, the beach stretches from Kantrida to Preluk - Kantrida offers a choice of five beaches, and citizens can swim and sunbathe at the Kantrida Pools, the most beautiful and largest pool complex in Croatia.

From Bivio to Preluk, there is a whole series of larger and smaller beaches and bays connected by a promenade with

numerous facilities, from restaurants, sports facilities to parks for children located in the deep shade of greenery. Preluk beach is known and popular among surfers due to its specific location and the wind that blows there. In addition to all the mentioned beaches, there are unnamed hidden coves and secluded beaches in this area for those who like solitude, and some can only be reached from the sea.

City buses run to all beaches. From the bus station to the beach is only a few minutes walk, and near all the beaches citizens can find free parking.

Three beaches in Rijeka are adapted for people with disabilities. Rijeka also has two beaches for dogs.

Trim trails are sports and recreational space intended for almost all age groups and all types of users. The Bivio trim trail is a landscaped promenade with exercise equipment and numerous beaches.

The trim track of Gornja Vežica is arranged as part of the Rijeka program of local partnerships in the vicinity of the Elementary School Gornja Vežica. It is a

190-meter-long running and walking trail that can be used by all citizens.

The Veli Vrh trim trail is arranged as part of the Rijeka program of local partnership on Veli vrh on Drenova, in a beautiful pine forest. Through the volunteer work of the locals of Drenova, a small recreation centre was created not far from the settlement.

6.1

Attractive sports and recreational locations in the vicinity of Rijeka

Thanks to its position, Rijeka can provide a wide range of sports activities throughout the year. Given the attractive sports locations located in the vicinity of the city, Rijeka offers conditions for programs of competitive and recreational sports within several sports.

In winter conditions, the Platak Ski Center, twenty kilometres away from Rijeka, at an altitude of 1100 meters, is an ideal place for alpine and Nordic disciplines. The famous ski trail on Radeševo (1300 m), which is a favourite gathering place for skiers from all over the region in winter. Platak is a place where youth ski competitions are held.

The motor racing track on Grobnik is ten kilometres away from Rijeka. The track in Grobnik with its accompanying facilities is a place where the training of domestic and foreign auto-moto competitors are held. Auto clubs "Rijeka" and "Kvarner" are the organizers of many sports events.

Regatta fields on Žurkovo and Mošćenička Draga are known for holding national and international regattas, the most famous of which is Fiumanka. At the same time, in the Kvarner area, in the

waters of Cres, IMS world and European championships in the cruiser class are traditionally held.

Preluk Bay is also known beyond the borders of Croatia for its wind (tramontana) which enables windsurfing. The rowing field in Omišalj, and lately in Bakar, are natural bays where international rowing regattas are held.

Recreational zones, in addition to the Rijeka promenades in the City of Rijeka, which are continuously arranged and expanded, and parks in the city, include promenades in the broader area about which the Kvarner Tourist Board has made an information brochure.

An attractive area around the city is the Učka Nature Park where there are excellent conditions for various recreational and sports activities. Furthermore, the public institution Učka Nature Park, which manages this area, strives to encourage and develop such activities, but also to control them, so as not to jeopardize the values for which the area has been declared a nature park.



Near the town is the Risnjak National Park where hikers and visitors eager to conquer the peaks can climb Veliki Risnjak (1528m) and Snježnik (1506m) following several hiking trails. Those who do not like the climb can visit the source of the river Kupa or go on a tour of the educational trail Leska. The Public Institution NP Risnjak manages the National Park.

The bicycle transversal of the Rijeka Ring - for lovers of active rest and recreation on the 50 km long transversal and more than 100 km of its links combines a rich cultural offer, beautiful beaches, romantic cores of old towns and excellent oenological and gastronomic offer.

6.2

Recreation for the elderly - health and recreational programs for the elderly and pensioners supported by the City of Rijeka

Exercise to improve psychophysical health in middle-aged and elderly people

The exercise project aimed to improve the psychophysical health of middle-aged and older adults was launched with the fundamental goal of maintaining body flexibility and joint mobility, maintaining body weight, preventing bone loss, preventing muscle wasting, and improving the functions of all organ systems and preventing falls and fractures.

Organized exercises take place at six locations, for residents of the western part of the city training is organized in the Sports and Recreation Center Zamet, for residents

of the eastern part of the city in the Youth Hall, and exercises take place in the Sports and Recreation Center Susak and local committees Kantrida, Kozala and Sv. Kuzam. The program is implemented throughout the year except for July and August.

The program has been implemented since 2007. in the realization of the Practice for Physical Medicine and Rehabilitation, Mile Batinić, dr. med., with the support of the City of Rijeka.



Let's practise "Yoga in everyday life" for a healthy city 50+

Association "Yoga in Everyday Life" with the support of the City of Rijeka, through the project Rijeka - Healthy City, since 2014 holds free yoga exercises for people over fifty years old at two locations, in the rooms of the Cultural Hall "Yoga in Everyday Life" and in the Zamet Center. Yoga exercises

are comprehensive exercises that include physical exercises, relaxation exercises, breathing exercises and meditation, and have a beneficial effect on muscles, joints, breathing, circulation, nervous and lymphatic systems, and general psychophysical health.



Retirement sports recreation at the Kantrida Pools

In order to improve the quality of life of the elderly, the City of Rijeka, Rijeka sport d.o.o and Association "Matica umirovljenika grada Rijeke" allow members to use the Kantrida Pool for recreational programs for the elderly, three times a week, without paying a fee for use.

Once a week, Matica members can participate in organized sports recreation conducted by the Rijeka Sports Association and the Teaching Institute for Public

Health at the Kantrida Pools. Organized recreation includes blood pressure measurement, various thematic lectures and physiotherapist services. Also, members of Matica are enabled to use the pool with expert guidance and other recreational programs that include learning various knowledge and skills (the art of falling, movement, etc.), as well as free time at the pool.

Exercise and proper diet to treat diabetes and osteoporosis 50 +

Chronic degenerative diseases are among the most common diseases of today's population in the world. Among these diseases, osteoporosis and diabetes are the most common, and the consequences of these diseases are high disability and mortality. It has been proven that movement, exercise and physical activity, in general, are significant in preventing the occurrence, but also worsening or progression of these diseases. For this purpose, the Medical Faculty in Rijeka, with the support of the City of Rijeka, organizes exercise under professional guidance for women over 50 who suffer from osteoporosis, osteopenia or

diabetes in the local committees Bulevard, Podvežica, Sveti Nikola and Kantrida.

The main activities of the project are filling in the questionnaire on nutrition and quality of life, anthropometric measurements, determination of blood sugar and vitamin D, testing of bone density, blood pressure measurement, pulse meter testing, exercise. Women exercise in an organized manner under the expert guidance of a therapist in the premises of certain local committees (warm-up and cooling, aerobic exercise, dumbbell exercises) and walk fast.

Organized exercise for seniors 65 +

The Department of Social Medicine and Epidemiology of the Faculty of Medicine in Rijeka organizes exercises for the elderly in cooperation with the Faculty of Health Studies and with the support of the City of Rijeka. The groups of trainees are led by undergraduate students of Physiotherapy who have undergone training on conducting exercises with the elderly. A customized

exercise program has a beneficial effect on the joints and spine, heart and circulatory system, circulation, digestion, hormonal and nervous systems, and eliminates fatigue and bad mood. The program also monitors the progress and effectiveness of the exercise. Exercise is free for people over 65 in the local boards of Škurinje, Potok and Mlaka and at the Faculty of Health Studies.

"Rijeka on the move" campaign

The campaign, which is intended for all categories of citizens, has been implemented continuously since 2010. The goal is to promote a healthy lifestyle as a way to prevent many serious diseases today. Particular emphasis is given to movement, i.e. physical activity in general and a healthy diet.

As part of the campaign, various activities are being carried out, of which "Art molo longo" and "In sneakers to work" are already recognizable.

The campaign of the City of Rijeka "Rijeka in motion" aims to raise and strengthen the awareness of the citizens of Rijeka and the surrounding area about the importance of movement for the health of the individual.

The project is aimed at all age groups, and the basic message it promotes is that everyone can do something to improve their health through physical activity, concrete movement and walking, simply, efficiently and effectively!



THE SPORTS PROGRAM AND ACTIVITIES FOR CHILDREN AND PERSONS WITH DISABILITIES

People with disabilities in Rijeka can play sports in about twenty sports clubs.

Sport is one of the ways in which people with disabilities can activate and emphasize their talents and abilities, and thus become more successfully involved in everyday life.

All sports facilities managed by Rijeka sport are to some extent adapted for people with disabilities, and the degree of adaptation mostly depends on the time of construction of the facility and in connection with that on the possibility to make adjustments in the renovation.

The Kantrida Swimming Pools were awarded the recognition of the International Paralympic Committee, IPC Distinction, which is awarded to sports facilities

adapted for people with disabilities. Also, an award-winning film was made about the adaptation of Rijeka sports facilities to people with disabilities.

The Sports Association of Persons with Disabilities of the City of Rijeka was established based on the Sports Act and of the Law on Associations of the Republic of Croatia. The goals of the Federation are defined by the Law on Sports (Art. 48 and Art. 53 of the Law), the Law on Associations of the Republic of Croatia and the Statute of the Association. City Rijeka co-finances sports activities with funds from the annual budget, and the public program needs in sports show a commitment to this significant social activity.

The Sports Association of Persons with Disabilities of the City of Rijeka has nine members:

1. Athletic Club Srce for people with disabilities
2. Forca Swimming Club
3. Table tennis club for people with disabilities Rijeka
4. Paralympic Shooting Club for the Disabled
5. Sports and recreational club for the blind Rijeka
6. Bowling club for people with disabilities Pulac
7. Pegasus Dressage Club for People with Disabilities
8. Society for Sports Recreation for Persons with Physical Disabilities Rijeka
9. Wheelchair Tennis Club Kvarner

THE SPORTS PROGRAM AND
ACTIVITIES FOR CHILDREN
AND PERSONS WITH DISABILITIES

The members of the Alliance participate in the management through their representatives, giving the initiative for consideration of specific issues in the bodies of the Alliance. The governing bodies of the Alliance are the Assembly, Executive Board and Supervisory Board.

The Rijeka Sports Association of the Deaf operates as an associate member of the Association. Representatives of sports of the Association of the Deaf participate in the work of all bodies of the Association and are regularly consulted on the occasion decision-making of the Alliance.

The Rijeka Sports Association of the Deaf has five members:

1. Shooting Club "Galeb"
2. Futsal Club "Galeb"
3. Bowling Club of the Deaf "Galebovi"
4. Table Tennis Club of the Deaf "Galebovi"
5. "Galeb" Sports Recreation Association

The Sports Association of Persons with Disabilities of the Primorje-Gorski Kotar County and the Sports Association of Persons with Disabilities of the City of Rijeka have been participating in numerous projects funded by the European Union and other sources since 2009.

The goal of the Alliance is cooperation and joint implementation of the EU and other projects with organizations from Croatia, the European Union and the rest of the world.

Hendi Cup - race as part of the street race "Homo si teč"

Educational and sports program for children and youth with disabilities – "iGRE"

As part of the Rijeka Healthy City project, Interest Groups of Citizens for Support of Persons with Disabilities, in addition to the Festival of Creativity and Achievements of Children with Developmental Disabilities (i-Fest), the Rijeka Sports Games for Children with Developmental Disabilities were launched.

Rijeka Sports Games for Children with Developmental Disabilities (iGRE), launched in 2009 as part of the project Rijeka - Healthy City, over the years, has grown into an educational and sports program for children and youth through which, primary and secondary school students, members of associations and centres have the opportunity to participate in several sports competitions and get the necessary information about various sports.

The project was launched to enable children with disabilities to get the best possible physical activity, improve self-confidence, develop positive perception, improve sensory abilities, develop independence and help in the group, encourage socializing and acceptance by society as a whole.

Since the first Rijeka Sports Games, the number of children and young people who participated has been increasing from year to year, so the number of participants, from 53 in 2009, has grown to 180 in 2017.

The program of sports disciplines, in which competitors participated, was supplemented over time. In seven years, the competitors had the opportunity to show their skills in shooting baskets and goals, sports ground, running, bowling, shooting cones, relays, from the age of three and hitting a goal with a hockey stick from three different positions, and the age of seven in passing balls. Participants from the seventh to the twenty-first year of life participate in the games, divided into three age groups (from 7 to 10, from 11 to 15 and from 16 to 21 years).

As the oath of the Special Olympics states "... Let me win. But if I cannot win, let me be brave in the attempt..." , reinforcing the idea of each competitor, so do iGRE , allowing seven years in a row to participate to children with disabilities. Their individual results also mean their victory.

Many years of experience in the organization of games has imposed the need to supplement and expand the project, the implementation of which from the school year 2015/2016 actively involved the Sports Association of Persons with Disabilities of the City of Rijeka.



SPORTS AND TOURISM IN THE CITY OF RIJEKA

8

SPORTS AND TOURISM IN THE CITY OF RIJEKA

Tourism in the City of Rijeka is recording a positive trend. The most tourists' movement in Rijeka includes a sports activity which shows a close link of tourism and sports.

Forms of sports tourism are competitive sports tourism and recreational sports tourism type, and possible drivers of sports tourism in Rijeka can be divided into two main groups:

- Sports tourism initiated primarily by a tourist destination - and then by a sports offer,
- Sports tourism initiated primarily by a specific sports event

Rijeka has hosted numerous international top sporting events in handball, bowling, water polo, weightlifting, taekwondo, swimming, and in 2016 the host of European University Championship, European Junior Synchronized Championship swimming and the European Junior Diving Championships.

Besides, in 2016, Rijeka hosted the European Master Championship in water polo and long-distance swimming. In 2019 Rijeka had held 23rd Festival of sport and recreation Homo si teć with more than 18,000 participants.

In 2016 alone, more than 4,500 athletes arrived in Rijeka for sports events, staying for a minimum of five days (All School Games and the European Master Championship in Open Swimming) and seven or more days at other championships.

There were 4,200 overnight stays at the European Junior Championships, and approximately 12,000 overnight stays at the Master Championships.

The organization of significant sporting events (e.g. EP in short pools) certainly offers a massive promotion for the City of Rijeka and its sports infrastructure, but it is also a promoter of the entire Rijeka ring, i.e. the Primorje-Gorski Kotar County.

After the organization of this championship, Kantrida Pools have become internationally recognized as a top sports facility that, with its specificity, offers the possibility of sports preparations for all water sports. One of the recognitions is the arrival of the US swimming team at the preparations in Rijeka, which is just another proof of the excellence that this infrastructure offers. Analyses prove that the organization of significant sports events is only possible in cooperation with economic entities dealing with activities in tourism.

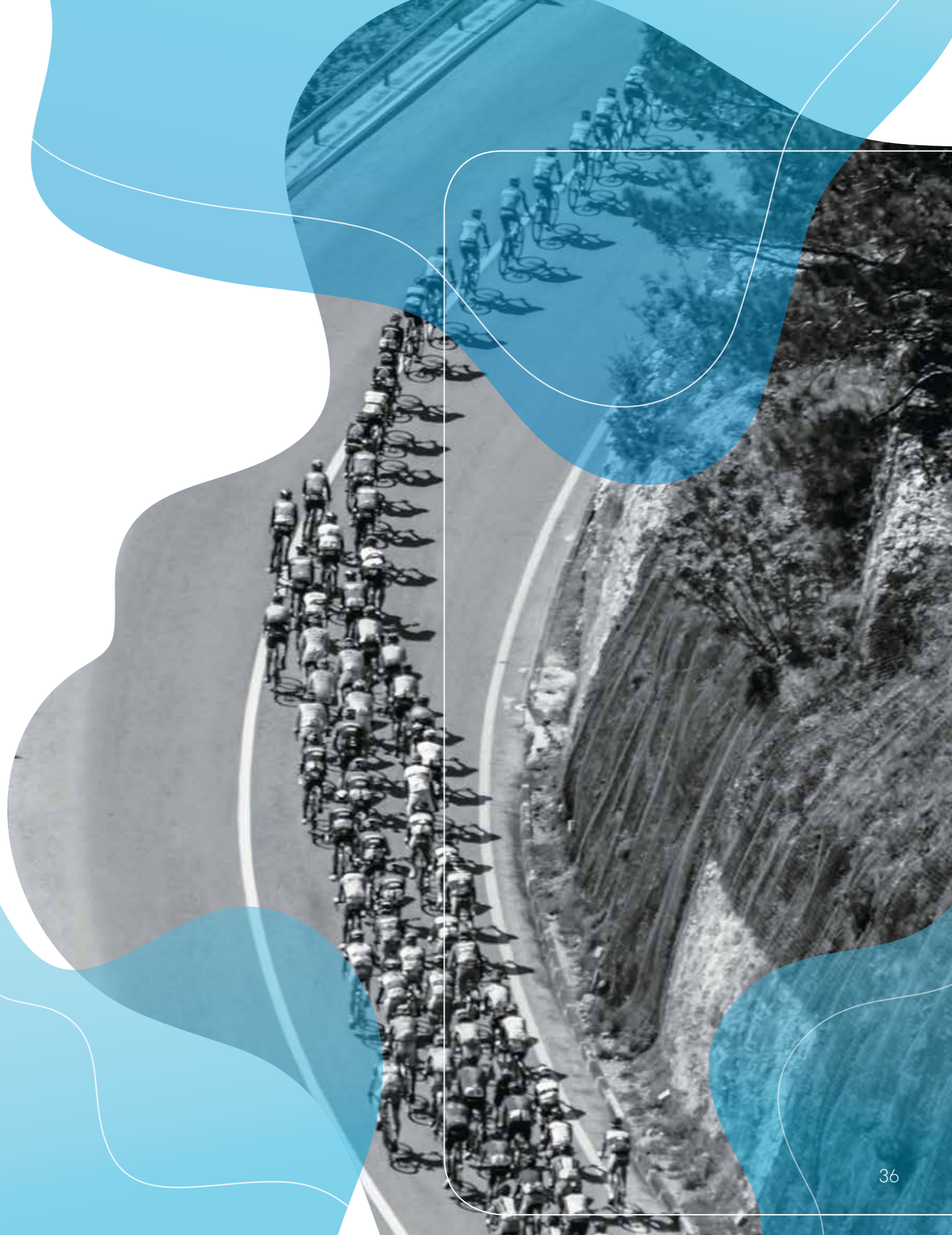
International cycling race Tour of Croatia - Race through the natural beauty, is an event that has been organized in Croatia for several years, and the City of Rijeka is one of the hosts of the stage passing through Rijeka. This already respectable and influential international race has become a kind of local brand. The broadcast of the race and accompanying events of the "Tour of Croatia", filmed while in motion, with the use of a special camera helicopter that monitors the race from the air, is broadcasted around the world.

The live broadcast of the race was watched by the world audience via Eurosport and other leading world TV stations, and by domestic viewers via the national television HRT 2.

Due to exceptional psychophysical efforts, healthy sportsmanship and strength, cycling is for sure one of the most strenuous sports, but on a global scale, it is continuously recorded an increase in the number of people involved in cycling as an indispensable element of a healthy lifestyle of living. The City of Rijeka, which continuously promotes its values, has also actively joined this trend cycling. Tour of Croatia promotes the beauties of our country in the best possible way city and region and encourages the development of sports, recreation and sports cyclo tourism, for which in the last few years in our region have recorded increasing interest. Therefore, the organization of sports events must be a project in which others will be involved cities and municipalities, tourist boards, and other economic entities that will form such manifestation have and income, i.e. interest.

On the website of the Tourist Board of Rijeka www.visitrijeka.com for sports and tourism,

the following facilities are offered: Kantrida Pools, Automotodrom Grobnik, Platak Sports and Recreation Center, Windsurfing on Preluk, Učka Nature Park, Cycling transversal of the Rijeka ring, Diving centres and clubs.



SPORTS EDUCATION

The Rijeka Sports Association has started with targeted education of professional staff in sports. Seminars for martial arts and basketball were held, led by the authorities for the mentioned sports. Several seminars in sports psychology were also held.

Due to the crisis caused by COVID-19, the Rijeka Sports Association had to transfer all seminars to the online platform and also continued with seminars for coaches. A total of two seminars were held, one in sports psychology and one in sports prevention.

By returning to normal functioning, the seminars for the following sports will certainly continue:

1. Volleyball
2. Handball
3. Water sports
4. Football
5. Table tennis
6. Sailing
7. Tennis
8. Fitness preparation

For children there is a sports reading program, part of the “RiMove” project of the Rijeka Sports Association, which is implemented in a dozen primary schools in the City of Rijeka. It is intended for students in the lower grades of primary school, and the goal is to guide children towards the values of sports through reading sports journalism intended for their age and verified by the Croatian Ministry of Education.

As the coronavirus pandemic and the suspension of classes made it impossible to read sports books in schools, the Rijeka Sports Association has adapted the program so that children can follow the illustrations and listen to sports stories online. Great interest was shown in the program, so a prize game was launched in which lower grade students of primary schools in the City of Rijeka and Primorje-Gorski Kotar County submit artworks inspired by sports reading. Out of a total of submitted works, the most successful ones are awarded.



SPORTS EDUCATION

SPORTS PROJECTS

In 2010, before the Republic of Croatia became a member of the European Union, the Rijeka Sports Association started applying for projects and as a leading partner implemented two projects - Swimming as therapy and integration for people with special needs - PTO, and the IRIS project - Sport as a mechanism of early

integration and rehabilitation. The Rijeka Sports Association (RSS) has created a network of partner countries with which it has good cooperation through which it promotes the benefits of sports and is committed to physical and psychological well-being and solving specific situations of social exclusion in sports.

In the above, RSS has implemented over the years, as a coordinator and partner, the following projects:

JUST SPORT - the fight against doping in a recreational environment,

EUROPEAN EVERYDAY OF SPORT - encouraging sports and recreational activities,

FIT2FIT - encouragement of entrepreneurship among young people,

TOULOUSE - European culture club - international youth exchange, non-formal learning and awareness of young people about the benefits of playing sports,

HEALTHY LIFE IN, OBESITY OUT - fight against obesity,

SAFE IN SPORT - zdravstvena zaštita sportaša

A PATH TO TRASPORATION - gender equality, sport as an opportunity for more robust social engagement of women,

GREEN SEAL - fight against doping in a recreational environment,

GOOD GOVERNANCE IN SPORT - good management in sports,

SPORT EDUCATION TRIGGERING ENTREPRENEURIAL ACTION - development of entrepreneurial skills of young people with fewer opportunities in sports,

BETTER - Bocce Together, acTive forever! promotes traditional sports and games (bocce), the aim of the project is to reintroduce traditional bocce sports into the daily lives of people of all ages as a means of solving today's social challenges,

MOVE 2 IMPROVE - The project aims to promote social inclusion, equal opportunities and awareness of the importance of the physical activity to promote health through broad sports for less relaxed youth and to promote volunteer activities in sports.

The Rijeka Sports Association is currently implementing the following EU projects as a coordinator or partner:

EU ON THE MOVE – a major collaborative partnership with the primary goal of raising awareness of the importance of the physical activity of children aged 7 to 11 (primary school children) through additional education of sports professionals (coaches, kinesiologists) and conducting sports activities for children in schools/sports clubs organizations,

PROJECT FOR ACADEMY OF SPORT SUPPORT (PASSPORT) – a project to encourage the dual career of athletes,

PROPELLERS – “Professional and Personal Experience through Lifelong Learning and Regular Sport” - promotion of voluntary participation in sports activities and awareness of the importance of physical activities that improve health following a holistic model of health among the general population in the EU, with particular emphasis on categories in disadvantaged in (NEET, people with disabilities),

RINMSASFT – “Re (IN) novating Marketing Strategy Across Semi-professional Female Teams” - a project aimed at strengthening the competencies of managers of semi-professional women’s sports teams through a training process related to marketing, communication and visibility strategies,

JITA KYOEI – a project aimed at promoting social inclusion and equal opportunities for young people. The program covers the areas of protection of minors, good governance (human rights, democracy, gender equality,...), sports activities that are beneficial to health, education, employment, volunteering,

LET’S INCLUDE – promotion of social inclusion and equal opportunities for young people with disabilities through sports,

HIKE TOGETHER – a project that contributes to raising awareness of the importance of health benefits of physical activity by walking in nature - as a natural exercise through the more extensive participation in hiking and trekking,

THREE POINTS SHOT TO HEALTH – planning special training in basketball for children aged 10 to 16 - making a guide with a set of exercises that support the muscles that are most often used during basketball,

SPORT DIPLOMACY ACADEMY – the project provides educational mobility of coaches and other staff of sports organizations (including volunteers) related to professional and general sports,

BACK 2 TRACK – the project is aimed at analyzing the differences and similarities that a sports club should have and creating an innovative approach to the inclusion of children with disabilities in participation in sports and physical activities,

S-PORTEND – an adult mobility project that aims to develop skills in adults through sports activities (35-55 years). Adult education contributes to reducing unemployment, which is the long-term goal of this project.



ORGANIZATION OF SPORTS EVENTS AND INTERNATIONAL SPORTS COMPETITIONS

11.1

SPORTS EVENT

Sports and recreation festival - street race Homo si teć

The Festival of Sports and Recreation is already a formal event, which gathers thousands of participants every year. It includes the most massive street race in Croatia, Homo si teć, accompanied by races for the youngest and people with disabilities, as well as the Rijeka Half Marathon and the Rijeka Breakwater and Trsat Stairs. In addition to sports, there is a unique entertainment program and various accompanying events in the city centre from where the race starts.

The 1998 small charity race has grown in two decades into a multi-day event that brings together 15,000 people, promotes multiculturalism and a big heart, and could soon have the status of the “most musical” race in the world.

When, as far back as 1998, a few hundred people ran the first city race in the centre of Rijeka, Homo si teć, probably only a small number of Rijeka residents could imagine that an event was born in their city that would be known as the most massive street race two decades later. Generally it is the most massive sports and recreational event in the country.

Homo si teć (lets all run) is a saying that may sound utterly incomprehensible to someone who is not familiar with the distinctive Chakavian Rijeka dialect. The people of Rijeka, of course, do not need to be specifically explained what Homo si teć means.

The initiative of Orlando Rivetti, which had the strong support of the employees of Novi list and the City of Rijeka, and whose primary purpose in 1998 was the popularization of sports with a humanitarian character, today has grown into a dozen separate races of various levels of difficulty, lasting three weekends together over 17 thousand people.

Exclusive sports clubs, associations, families, groups of friends and many citizens take part in the races and dare to take their first “fast kilometres” on the Korzo in city centre.

The Festival of Sports and Recreation has had a humanitarian note from the very beginning. Each year, part of the funds raised from the sale of official T-shirts and bracelets is donated to a specific project, association or initiative.



539 jump - Race on the Trsat stairs

The Trsat stairs lead from the Rijeka Delta to the church of "Gospa Trsatska" and are the shortest way from the centre of Rijeka to Trsat. In 1531, the captain of Klis, Petar Kružić, had 128 stairs built as a vow, on the steepest part of the trail. Other stairs

were built later, but today the total number is 561. The event "539 jump" is seeking the most enduring and fastest on the 539 stairs run - starting from the chapel at the Tito Square to the terraces on the promenade of Joakim Rakovac.

Molo longo race - Race on the Rijeka breakwater

The Rijeka breakwater Molo Longo was built in 1888. During the 20th century, it was extended, and ultimately its length is 1707m. Molo Longo has long been in operation only for customs and port activities, and only in 2009 was it open to the public. Today, Molo Longo is a favourite city promenade

with a passenger terminal and additional entertainment and recreational facilities, and the race shows that this is one of the best places to run in Rijeka. Two laps are run along the Molo Longo, and the total length of the route is 6 kilometres.

Marathon - Rijeka marathon

The fifth Rijeka marathon starts on Korzo, leads through Pećine to Kostrena, back through the city centre to Preluk and ends on Korzo. The trail passes through the cultural and industrial heritage of the City of Rijeka, the natural beauties of the

municipality of Kostrena, the promenade Žurkovo by the sea, surrounded by music and good fun. Due to its elevations and colourful route, the Rijeka Marathon is not the easiest, but it is the most impressive.

dm mići trk - Race for children

We are taught from an early age that sports and recreation are essential, and we try to pass on these same values to the youngest generations in today's modern times. That is why in the program Homo si

teć the event is regularly held and dm mići race - a race for preschool children. Our little ones and their parents do not miss this race, and the number of participants is growing from year to year.

Milka Milinković Memorial - Race for people with disabilities and visually impaired people

The Milka Milinković Memorial Race is run by people with disabilities and visually impaired people, whose strength of will and motivation delight us from year to year and

show that anything we intend and want is possible. The race marks a car-free day and a day when sports and recreation rule the City of Rijeka.

Croatian Olympic Day

HOD (Hrvatski Olimpijski Dan – Croatian Olympic Day) is the name for the national sports event, which is celebrated on September 10, the day of the founding of the Croatian Olympic Committee. The project aims to encourage citizens of all ages, especially children and young people, to take an active part in sports.

The celebration of the Croatian Olympic Day, which in Rijeka in recent years includes a demonstration of Olympic and other

sports, takes place at the beginning of the school year, at a time when children, with the support of parents, decide which sport to enrol in.

From the very beginning, more precisely since 2007, the City of Rijeka has been involved in the celebration of the Croatian Olympic Day in cooperation with the Rijeka Sports Association and the Sports Association of the Primorje-Gorski Kotar County (PGC).

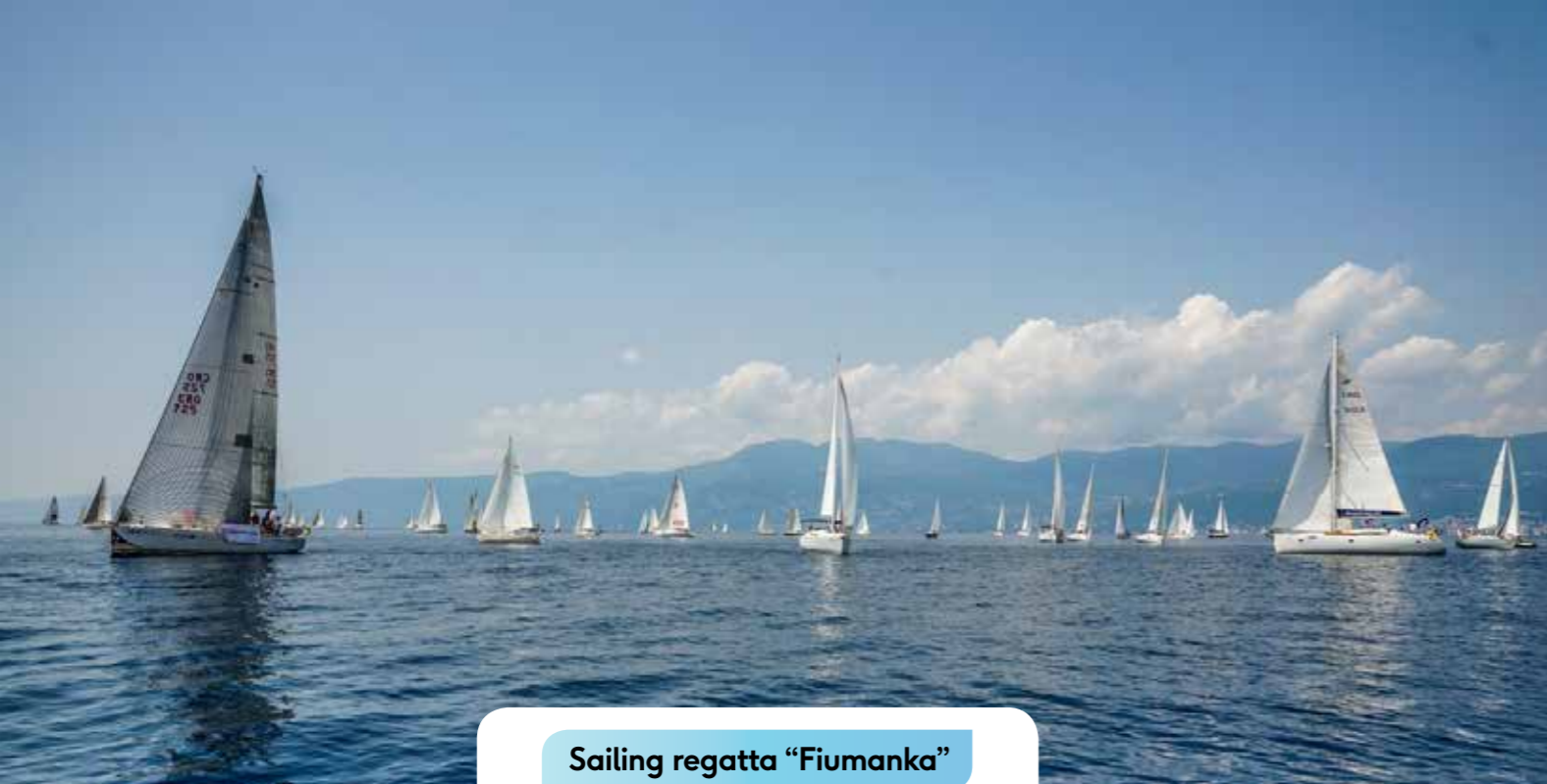
International Junior Tournament "Božić"

The international junior tournament "Božić" is a traditional competition organized by the Bocce Association of the City of Rijeka and the Bocce Association of PGC, and it is usually held every year in December.

It is a tournament that concludes the year and in which the best European bocce players in the junior category participate. The best because they arrive in Rijeka

and the bocce centre Podvežica after they have performed at the World Junior Championships. That is why it is possible to see the winners of world medals competing with the best Croatian juniors. The national team of Slovenia, Italy, France, Monaco, Serbia, as well as the Croatian national team, the best juniors selected from Croatian counties who are improving their quality, are participating in the tournament.





Sailing regatta "Fiumanka"



The first Fiumanka sailed in 2000 in honour of the patron saint of the City of Rijeka, St. Vid, which is the reason for its regular regatta date in the second weekend of June. In its first edition, with 114 sailboats, Fiumanka gathered an unprecedented number of participants in a national regatta.

Today, Fiumanka is an international sailing event where up to 200 sailboats and almost 2,000 sailors from the country and abroad gather in the Gulf of Rijeka every year, and the City of Rijeka is a meeting place for many boaters, media and business people who participate in the regatta and many other exciting companions programs.

From a one-day regatta over the years, it has developed into a respectable sports-tourism and media event.

Thanks to the unique media regatta that has been held as part of Fiumanka for fourteen years, eight of which at the European level in cooperation with the Croatian Radio and Television, Fiumanka sailed far beyond national borders with its media sails.

"You have a boat; you have a sail - sign up!", Is the motto of the Rijeka regatta open to all forms of sailing and entirely free for all who want to participate in it. Although Fiumanka is more focused on promoting recreational sailing and sailing as a way of life, thanks to an extraordinary approach to organization, number of participants and attractive facilities, it has become one of the leading nautical events of international recognition that some of the largest and most technologically advanced maxi cruisers do not miss.

Other occasional sports events and manifestations:

- Regatta Sv. Vid (optimist and laser) organised by Sailing club "3.maj"
- Open entertainment school of football organised by Female football club "Rijeka-Jack Pot"
- Chess memorial prof. Egidia Parisa / Chess Club "Liburnia"



International Open Croatian Karate Championship “Croatia Open”

The open karate tournament “Croatia Open” is one of the strongest European competitions in terms of the number of competitors and participating countries. Rijeka has hosted the competition since 2009.

International Youth Football Tournament “Kvarner Riviera”

Kvarner Riviera is the oldest international football tournament in Europe and the oldest football tournament in Croatia. Since then, every year, usually in June, the tournament brings together the best young footballers from the country and abroad.

Primorje Synchro Cup

Primorje Synchro cup is the only Croatian competition in synchronized swimming that is included in the LEN (European Swimming Organization) competition calendar, and every year there is an excellent response from foreign teams. The competition was first held in 1997, and every year brings together an increasing number of clubs and synchro swimmers.



International Chess Tournament “Mediterranean 2017”

Launched in 2007, the International Chess Tournament has grown into the most extensive international open chess tournament, not only in the Republic of Croatia but also in the wider area.

International swimming meeting “Victoria - Primorje” - Grand Prix Croatia

The International Swimming Rally, which gathers hundreds of swimmers from all over Europe every year, entered the system of the Grand Prix Croatia competition in 2015. The swimming rally was held for the first time in 2009.

International Women’s Chess Tournament “Cvijet Mediterana”

The International Women’s Chess Tournament “Cvijet Mediterana” is held every year in the week of International Women’s Day, and the idea for the tournament was conceived in 2000 to enable young chess players to improve and provide an opportunity to compete with renowned chess players. Every year, the tournament gathers ten chess players, both top and young hopes of Croatian chess, who compete in the Chess House Rijeka.

Other sports competitions:

- Učka Trophy - Croatian Mountain Championship organised by Cycling Club “Rijeka”
- Bocce tournament Sveti Vid organised by Bocce association of the City of Rijeka
- International judo tournament Sv.Vid organised by Judo club “Rijeka”
- Memorial tournament “Florijana Sobol” organised by Bowling club “Rijeka”
- “Youth football tournament” Memorial Pero Radaković” organised by / HNK“ Rijeka ”
- Int. swimming meeting “Primorje-Sv.Vid” organised by Swimming club “Primorje-CO”
- Int. swimming rally “Rijeka ‘08” organised by Swimming club “Rijeka”
- Carnival Snowboard Session organised by / Snowboard klub “Nine”
- International Cup of the City of Rijeka organised by Table Tennis Club “Srdoči”
- Int. tennis tournament “Kvarner Junior Open” organised by Tennis club “Kvarner”
- Kvarner regatta organised by Rowing club “Jadran”



SPORTS FACILITIES IN THE CITY OF RIJEKA

It is essential to point out that during the construction of sports facilities, great attention was paid to all users: children, young people, recreationists, pensioners, people with disabilities and athletes. The construction confirmed the architectural functionality in the service of users, but also an adaptation of facilities to the highest standards for sports competitions reflected in technological and technical adaptation.

Confirmation of this is the increase in the number of sports clubs and other associations that bring together socially vulnerable groups and national and international competitions. The increase is also visible in development sports recreation through individual use of facilities (Kantrida and Athletic Pools Kantrida Hall), and what through the organized way of the program (associations, various institutions) in all facilities managed by Rijeka sport. Associations have also made strides in use space, so not only indoor spaces are used for sports recreation facilities, but also squares, sunbathing areas, beaches, etc.

The City of Rijeka and Rijeka Sport d.o.o have made a step forward in the construction by paying attention to functionality, so polyvalence is reflected in the organization of not only sports but also others events such as concerts, congresses, seminars, conferences and more that lead to the financial sustainability of facilities.

Operating costs and costs for the regular operation of facilities managed by Rijeka sport doo, they are co-financed from the Budget of the City of Rijeka as well as for other facilities that it still manages Department of Sports and Technical Culture. Also, Rijeka sport is financed through the realized commercial income through the lease of sports, congress and other premises on the national and international market, the sale of tickets for various services, etc.

SPORTS FACILITIES IN THE CITY OF RIJEKA





Kantrida Swimming Pools (Bazeni Kantrida)

Kantrida swimming pools are a sports-recreational-entertainment complex opened in 2008, whose construction was completed in mid-2011. With the reconstruction and upgrade of the outdoor Olympic swimming pool by the sea, five swimming pools of different dimensions were created. In addition to the pool, several accompanying facilities have been designed, so Kantrida Pools today are not only a space for quality preparation and competitions for athletes but also an attractive place for recreation and entertainment. The complex is a world award winner.

recreation, relaxation and entertainment. Fitness and wellness are available to athletes and citizens, and within the complex, there is a diving club and a travel agency. Visitors can relax in one of the three restaurants, which offer a beautiful view of the sea, the islands of Krk, Cres and Lošinj, then Učka, Opatija and Lovran. The view also extends from the public square located at the top of the public garage with almost 150 parking spaces.

Kantrida pools include the Olympic Pool 1 (indoor swimming pool) with a unique sliding roof, the completely reconstructed Olympic Pool 2 (outdoor swimming pool), the 25m pool, the Children's Pool and the Diving Pool. The swimming pools, which are used for the training of athletes of all ages and sports recreation of citizens, are equipped to meet the standards of the largest competitions in water sports. The complex is located on the beach, which was renovated in mid-June 2011.

In the architectural competition for sports and recreational facilities, the International Olympic Committee (IOC) and the International Association for Sports and Recreational Facilities (IACS) awarded the Kantrida Pools a bronze medal in the category of water sports facilities in 2009, while the International Paralympic Committee awarded a special recognition (IPC Distinction) for facilities adapted for people with disabilities. In 2011, as part of the Blue Flower campaign, Ploče Beach received an outstanding award in the category of the best landscaped public beach, and in 2012, as part of the Tourist Flower - Quality for Croatia campaign, it was named the best beach in the urban/local beach category.

The complex is primarily a sports facility but also offers a range of facilities for



Zamet Center

In September 2009, the Zamet Center was officially opened. It is a modern public complex located next to the market and primary school, and which next to the hall is a library, local committee office, numerous commercial facilities, public square and public garage and the complex is a social, sports and business centre of the western part of Rijeka.

Rijeka sport d.o.o. reported the start of construction on 21.12.2007. On April 15, 2008, the construction of the Zamet Center began with the ceremony of laying the foundation stone.

The modern architecture of the Zamet Center, a 3LHD studio project, further emphasized the attractiveness of this project, both exterior and interior, for which the designer received the annual "Bernardo Bernardi" award as the most achievement in design and interior design this year. In the category Individual indoor facilities in the IOC / IAKS Award competition, organized by the International Olympic Committee (IOC) and the International Association of Sports and Recreational Facilities (IACS).

The Zamet Center is also the winner of the prestigious award of the world's most famous architectural portal ArchDaily and was declared the best in the category of sports buildings within the "Building of the Year 2009" competition.

Also, Centar Zamet received the Vladimir Nazor Award for 2009 in the field of architecture and urbanism awarded by the Ministry of Culture, and Studio 3LHD Croatian Society of Designers awarded for Centar Zamet recognition in the category of the most achievement in the field of spatial graphics and signalling design in 2010. See more about the work of the Studio at the Zamet Center here.

During 2009 and 2010, various international competitions were held at the Zamet Center, such as the 11th European Individual Chess Championship for Men and Women EURO 2010 (the largest ever chess championship ever held in Croatia, which brought the Zamet Center to the and one of the world's greatest chess players, Anatoly Karpov) or the World Bowling Championship for juniors under 23. In addition to providing a full sports experience, a hall is an ideal place for organizing concerts, so so far the concerts of Maksim Mrvica, Klapa Intrade have been held, two years in a row the Croatian Porin discography awards.

The centre offers a variety of spaces that can be used to organize the most demanding indoor sports competitions, concerts, congresses, public lectures and a variety of cultural programs. We can say that the new space provides new opportunities for all citizens, especially athletes, children, youth and recreation, but also businesses.



Kantrida Athletic Hall

The Kantrida Athletic Hall was officially opened in May 2010 and is part of the Kantrida Sports and Recreation Center. It is primarily intended for training athletes and the organization of indoor sports competitions in athletics, but also other sports and recreational activities such as handball, basketball, indoor soccer, aerobics, dance, tennis, etc. Within the hall, there is an artificial climbing rock height of 12 meters.

The new Rijeka complex consists of an athletics hall with movable grandstands and an administrative building, connected by a "warm" bridge and a climbing rock, one of the highest artificial indoor climbing rocks in Croatia, and ancillary rooms. There is also a fitness room, meeting room, seminars and lectures and a coffee bar. A unique feature of the hall is the ground floor covered with tartan, which extends along the entire length of the connecting bridge and the outer terrace of the cafe.

The facility is adapted for people with disabilities.

The Kantrida Athletic Hall also stands out with its architecture - by choosing pebbles and ceramics as the final roof covering, the aim was to achieve the visual effect of ripples and shimmer of the sea surface in an open view that opens from Istarska Street to Rijeka Bay.

The biggest competition held so far in the Kantrida Athletic Hall is the Croatian Athletics Championships in the Senior Hall, held in January 2011. This strongest indoor athletics championship in Croatia was held outside Zagreb for the first time.

Kantrida Athletic Hall is located next to Kantrida Stadium, 50 meters from the sea, to the east of the city, at a distance of 500 meters there is the Sports and Recreation Center May 3, and 200 meters to the west and the complex Kantrida Swimming Pools.

"Dvorana Mladosti" Sports Hall

The Youth Hall is located in Trsat. The hall was built in 1973. The gross developed area of the building is 5,458 m², and the developed area of the building, i.e. in the floor plan, is 9,110 m². The outdoor area is 10,486 m², and the ground floor area is 1,260 m². The hall is connected to the city centre by bus line no. 2, and with Donja Vežica and Pećine by line 1B.

The primary purpose of the hall is for sports: handball, basketball, volleyball, judo, weightlifting, karate, badminton, billiards. Also, the hall is used for concerts, fairs, forums, tournaments, fashion shows, recreation and the like.

The central part of the hall consists of the main arena, two small warm-up halls, a judo hall, karate, weightlifting and billiards room, and within the "Youth" Hall, there are four locker rooms, two fitness centres, offices of Rijeka sport and sports associations, press-centre and catering facilities and sales

areas. The capacity of the audience is 2,960 seats.

In cooperation with the Institute for Informatics of the City of Rijeka, free wireless internet access is provided in the Youth Hall, as well as in the part of Trsat around the Trsat fort and the Trsat shrine.

The facility is adapted to people with disabilities.



Kantrida Stadium

Kantrida Stadium is located in the westernmost part of the City of Rijeka, Kantrida, between the Sports and Recreation Center 3. Maj, Kantrida Athletic Hall and Kantrida Pool. The stadium opened on June 1, 1913, while the auxiliary playground opened in 2005. Kantrida Stadium is part of the Kantrida Sports and Recreation Center.

The primary purpose is for sports football and athletics. In addition, the facility is occasionally used for concerts and tournaments.

The facility is connected to the city centre by bus line no. 1. The facility is adapted for people with disabilities in such a way that the quality of accommodation for people with disabilities is satisfactory following the certificate for licensing purposes.

Near the Kantrida Stadium, there is a beach volleyball court and the "Igralište" beach, which is also arranged as a beach for dogs.



Football court Krimeja

The Crimean football field is located in Krimeja, Rijeka and was built in 1923. The surface of the building is 12,475 m², and the area of the accompanying rooms is 579 m². The facility is connected to the city centre by bus lines no. 2, 7 and 7a, and with Trsat and Pećine by line 1B.

The main purpose is for sports: football. Also, the facility is occasionally used for concerts and tournaments. The central part of the building is the main football field, there are additional locker rooms, office and club spaces, and within the Football field, there is a restaurant. The auditorium capacity of the hall is 1,200 seats and 800 standing places.



Football court Robert Komen

The Podmurvice football field was built in 1975, and in the spring of 2013 it was renovated, and at the official opening on May 17, 2013, it was renamed the "Robert Komen" football field. The facility is located in the Rijeka settlement Podmurvice and is connected to the city centre by bus lines no. 6, 7 and 7a.

The actual content is a football field, and the extra spaces are locker rooms and office spaces. The auditorium has 4,000 seats. The gross floor area of the building is 10,532 m², of which the total area of the football field is 8,620 m² with artificial grass Polytan ligaturf RS + 240 22/4 cool plus TPE Bion Pro.

The primary characteristics of artificial grass with a cushioning base and filling are:

- cushioning layer 25 mm thick from SBR rubber granulate;
- artificial grass of green shade with a fibre thickness of 360 µm, fibre height 40 mm, UV stable;
- quartz sand filling;
- final filling of ecological granulate TPE (Thermo Plastic Elastomer).



Belveder Sports and Recreation Center

The Belveder Sports and Recreation Center is located on the Belveder, a district in the city centre. The Center was built in 1936 and is a protected cultural object. The Center was built in 1936 and belongs to the protected cultural zone by the Ministry of Culture of the Republic of Croatia.

The gross developed area of the building is 10,696 m², and the developed area of the building, i.e. in the floor plan, is 2,220 m². The outdoor area is 3,514 m². SRC Belveder is connected to the city centre by bus line no. 4.

The primary purpose is for sports: football, rugby, gymnastics, karate and boxing. Besides, SRC Belveder is occasionally used for recreation.

The central part of the building consists of a football field, a gymnasium and a small recreation hall, while the auxiliary facilities include a locker room, an office space for an associate, a fitness centre and a chiropractic clinic. Within the Center there is a restaurant and retail space. There are 2,000 seats in the stands, with 100 seats in the gym.

On the football field within the Belveder Sports and Recreation Center, works were carried out on March 13, 2014, the rehabilitation and installation of new artificial turf, and the stands were arranged. The old replaced artificial turf has been in use since April 8, 2004. Due to intensive use, which has been around 30,000 hours since the beginning of use, the lawn has been worn out, and it was necessary to rehabilitate the existing playground and install new artificial grass.

The dimensions of the artificial grass playground are 100 m in length and 60 m in width, which corresponds to the standards for holding all competitions conducted by the Football Association of the Primorje-

Gorski Kotar County.

On the east, south and west sides of the field, a minimum distance of 3 meters from the line/line of the field to a solid object (fence and wall) is provided, while the north stand wall is covered with an adequate protective coating, which ensures maximum protection of all football field users.

Artificial grass with a total area of 6,920 m² manufactured by Lano sports NV, PROFOOT MXSi 20 40-TPE IS 25 (13 / M / 58766-1) was placed on the playground.

Field testing of the newly installed artificial grass at SRC Belvedere was carried out by UEFA's authorized Laboratory Research Center for Artificial Grass at the University of Ghent. The test was conducted on March 5, 2014, and the results fully meet the criteria for issuing the FIFA Recommended 2 Star Certificate, which will be officially submitted to Rijeka Sport.

National and international competitions in Europe are held on playgrounds with such a quality artificial turf.

SRC Belveder football field is used by six football clubs to implement the sports program: Lokomotiva, Rikard Benčić, Orijent, Stari Grad, Kozala and Grbci divided into 23 groups consisting of younger and older guinea pigs, younger and older pioneers, cadets, juniors, seniors and veterans.

Apart from football players, the field is also used by other clubs that train in the Center. In his free time, he is used by recreationists, and occasionally by schools and faculties to carry out their activities related to physical culture.

At the level of one year, the football field has 20,000 entrances, and the average monthly number of hours is 210. The facility is used all seven days a week.

All football fields with artificial grass in Rijeka - Auxiliary field of Kantrida Stadium, Football field Robert Komen and SRC Belveder - are built according to the highest

FIFA standards, and Rijeka is the city with the largest number of football fields with artificial grass that have the highest FIFA certificate in Croatia.



Sport-recreation center 3. Maj

The 3. Maj Sports and Recreation Center is located in Kantrida, close to the Kantrida Football Stadium and the Kantrida Athletic Hall. The complex was

built in 1985. The floor plan of the building is 2,820 m², and the outdoor area is 2,400 m². The centre is connected to the city centre by bus line no. 1.

Bocce center Podvežica

The bowling centre Podvežica is located in Donja Vežica. The building was built in 1911 and was renovated in 1996 and 2006. The gross floor area of the building is 2,032 m².

The facility is connected to the city centre by bus line no. 6.

The primary purpose is for sports: bocce. In addition, the facility is occasionally used for tournaments and recreation.

The central part of the building is an indoor bocce alley and is complemented by locker rooms, office space, gym, press,

auxiliary rooms and clubrooms. Within the Bocce Center, there is a buffet, restaurant and commercial space. The auditorium has 900 seats.



Campus sports playground

The open Campus sports playground is located in Trsat and was renovated in 2015. The works included the installation of a new surface. A new surface, a tartan, was installed on the existing athletics track, a polygon for throwing a ball was arranged,

polygons for high jump and long jump were built, the existing facility was converted into a storage room for equipment and hand fitness, also six house containers for the needs of offices and changing rooms for users.

Martial arts hall Sušak

In May 2017, it opened for Dorana for martial arts Sušak.



The whole building has a floor plan of 37 x 20 m and a total height to the roof cornice of 9 m. The total gross floor area of the entire building is 1,233 m², while the total net floor area is 1,087 m². The attic space is not included in the listed areas.

Clubs that use the hall: Judo club Kvarner, Taekwondo club Sušak, Karate club "Kvarner", Karate club "Ri Croatia", Karate club "Rijeka", Karate club "Viktorija", Karate club "No kachi", Kickboxing club "Mega Centar" which has a total of 667 members.

Sports and recreation centre Zamet

SRC Zamet (Sports and Recreation Center Zamet) is a facility that has been managed by the city company Rijeka sport d.o.o since January 1, 2020.

This complex combines open and closed sports infrastructure, which undoubtedly represents a quality opportunity to use sports facilities throughout the year. Also, the range of sports that can be played in the facilities of the complex attracts different age categories for sports and sports recreation, as well as the general public. Thus, in addition to sports and recreational activities during the year, other

types of events are held, such as concerts, masquerades, anniversaries, etc.

The facility is located in the Zamet neighbourhood, next to the award-winning Zamet Center, sports and urban complex also managed by Rijeka sport d.o.o. The mentioned part of the western City of Rijeka, Zamet and Kantrida, with all sports facilities, i.e. infrastructure (Kantrida Pools, Kantrida Athletic Hall, Kantrida Stadium, SRC 3. maj, Centar Zamet, SRC Zamet) is highly recognized by the local population and visited by the general public (regionally, nationally and internationally).

Basketball hall Brajda (KD Brajda)

Basketball hall Brajda (KD Brajda) has been managed by the company Rijeka sport d.o.o since January 1, 2020. The hall consists of a basketball court covered with a balloon and is used all year round. The hall was built in 2003 and in addition to the

hall with grandstands, it also consists of a smaller fitness area and locker rooms and toilets. In addition to the listed premises, there is also a meeting room and a hall for administrative activities of the sports association Basketball Club Kvarner 2010.





Astronomical Center Rijeka

The first and only astronomical centre in Croatia that unites an observatory and a planetarium, the only digital planetarium in Croatia.

The premises of the Center are an ideal place for small and medium-sized congresses, incentive tourism, specialized events for business companies, cultural activities (theatre, music and poetry performances, children's birthdays) and more.

One of the few centres located on the public transport line is located on the hill of Sv. Križ, which is considered to be the oldest archaeological site in Rijeka, since March 2006 preventively protected as a cultural asset of the Republic of Croatia, the largest investment in technical culture in Croatia.

The centre is a reconstructed military fortress from World War II. Two changeable stars were discovered from the Rijeka Observatory, winner of the International Property Awards 2014 in the category of Public Services Development for Europe, winner of a special award in the category "Tourist offer or curiosity" at the county level of the Blue Flower campaign. As part of the educational-ecological project I love Croatia conducted by the Primorje-Gorski Kotar County Tourist Board, winner of the Sigma-CBTour Association of Innovators Award 2011 for the best marketing strategy in innovative business tourism, and the project "Integrated marketing- communication and program strategy of Astronomical Center Rijeka" is in the Master Plan and Strategy of Tourism Development of the Republic of Croatia.

The Rijeka Planetarium became part of the International Planetarium Society (IPS). It is adapted for access and movement of people with disabilities.

Near the Center, there is a medieval church of the Holy Cross rich in history, on the hill of Sv. The shortest Glagolitic inscription from the 13th century and a statue of a Roman wolf were found on the cross.

The centre is located in a park of natural sub-Mediterranean vegetation.

Location: Sveti Križ Hill (45 ° 19 '29' 'N and 14 ° 28' 59 " E), 3 km from the centre of Rijeka

The owner of the Astronomical Center Rijeka is the company Rijeka sport d.o.o, which is 100% owned by the City of Rijeka.

The Academic Astronomical Society of Rijeka also operates in the premises of the Astronomical Center of Rijeka.

Delta Rowing Lodge

The Delta rowing lodge was built in 1946.

The owner of the facility is the City of Rijeka. The facility is managed by VK "Jadran". The rowing lodge building is 733 m2. The facility is located in the city centre near all city lines.

The entire spatial content of the building is a rowing room, and the additional spatial contents are locker rooms, gym, offices, club rooms and a handy workshop.



Bajda bowling alley

Bajda bowling alley is located at Brajda at Pomerio 26. The owner of the facility is the City of Rijeka. The Brajda Bowling Club

manages the facility. The gross floor area of the building is 88 m2. The primary purpose of the facility is for bowling.

Kickboxing club Sušak

The premises in which the Kickboxing Club Sušak operates are located on Potok at the address Rikarda Katalinića Jeretova 4 b. The owner of the facility is the City of Rijeka. The Kickboxing Club Sušak manages the facility.

The gross floor area of the building is 240 m². The facility is connected to the city

centre by bus lines no. 6, 7 and 7a.

The primary purpose of the facility is for martial arts kickboxing and taekwondo.

The entire spatial content is a hall for martial arts, and the additional spatial contents are locker rooms, toilets and office space.

Chess home Rijeka

Šahovski dom Rijeka is located on Brajda at Blaža Polića 2 / II. The owner of the facility is the City of Rijeka. The Chess Club Rijeka manages the facility. The room area is 685 m². The main purpose is for sports chess.

The primary spatial contents are chess halls, and the additional spatial contents are locker rooms, toilets, as well as office spaces and an internal buffet.

Sports and recreation center Sušak

Sports and recreation centre Sušak are located near the city centre at Ružičeva 9. The owner is the City of Rijeka. The Sušak Sports Recreation Association manages the facility.

The facility was built in 1929. The gross floor area of the building is 1,557 m².

The primary purpose of the building is for recreation.

The necessary space is the hall, and the additional space contains the locker room, toilets, office space and boiler room.

Sports and recreation center Mlaka

Mlaka Sports and Recreation Center is located in Mlaka. The building was built in 1971. The gross floor area of the building is 1,750 m². SRC Mlaka is connected to the city center by bus lines no. 1, 1a and 2. The main purpose is for sports: bowling, tennis and karate. In addition to SRC, Mlaka is occasionally used for recreation.

The main part of the building consists of a bowling alley, a karate hall, a tennis court, additional spaces are locker rooms and office rooms. Within the Center there is an internal catering facility. The auditorium has 150 seats.

Table tennis hall Kvarner

Table tennis hall Kvarner is located near the city center at Ivana Dežmana 3.

The owner of the facility is the City of Rijeka. The facility is managed by STK Kvarner.

The gross floor area is 180 m².

The facility is located in the city center near all city lines.

The primary purpose is for table tennis.

Shooting range Papirničar

Streljana Papirničar is located in the city center at Šetalište Andrije Kačića Miošića 5 a. The owner is the City of Rijeka. The facility is managed by SK Papirničar.

The gross floor area of the building is 103 m². The facility is located in the city center

near all city lines. The primary purpose is for sport shooting. The basic spatial content of the shooting range is with five shooting places.

Tennis center Marceljeva Draga

Tennis center Marčeljeva Draga is located in Marčeljeva Draga at Ede Jardaša 27 a. The owner is the City of Rijeka. The facility is managed by TK "Kvarner". The facility was built in 1988. The gross developed area of the sports center is 4,192 m², the area of the accompanying facilities is 172 m², the area of the outdoor space is 2,800 m².

The facility is connected from the city center by bus line 1a.

The main purpose is for sports: tennis.

The basic spatial facilities are 8 tennis courts, auxiliary spatial facilities are locker rooms and club space and an internal buffet. The capacity of the auditorium is 300 standing places.

Pećine tennis center

Tennis center Pećine is located in Pećine at Šetalište XIII. Division 33. The owner of the facility is the City of Rijeka. The facility is managed by Tennis club "Pećine".

The gross floor area of the building is 2,053 m². The facility is occasionally used for recreation and recreation.

The facility is connected to the city centre by bus line 1.

The basic spatial facilities are 3 tennis courts, auxiliary spatial facilities are locker rooms and club rooms, and other spatial facilities are an internal buffet. The capacity of the auditorium is 300 standing places

Tennis court Kozala

Tennis court Kozala is located in Kozala at Bože Milanovića 3. The owner is the City of Rijeka. The facility is managed by Tennis Club "Rijeka". The gross floor area of the building is 730 m². The facility is connected to the city centre by bus lines no. 4 and 11.

The primary purpose is for the sport of tennis.

The fundamental spatial facilities are one open tennis court, and the auxiliary spatial facilities are locker rooms, club rooms and ancillary rooms.

Rujevica Football Stadium

Rujevica Stadium is a football stadium in Rijeka. He was appointed by Rujevica, the place to where it was built. In August 2015, the stadium became the temporary main playground of the Croatian National Football Club Rijeka after the start of work on the complete reconstruction and construction of a new stadium on the site of the Kantrida stadium. The stadium is part of a training camp used by the club's youth academy, which also contains additional pitches. After the construction of the new Kantrida stadium, this stadium will become only a part of the club's training camp and the temporary home of the Croatian

national football team, especially the younger teams.

Construction, paid for by the owner of HNK Rijeka, began on September 15, 2014. The foremost western roof was wholly built, and the eastern grandstand was built, while on the north side there was a hill, and on the south side, there was a smaller grandstand with several rows. The stadium received its license on July 28, 2015, and was officially opened on August 2, 2015, with a league test against Zagreb's Lokomotiva, which HNK Rijeka won 3: 1.



Open playgrounds for recreation

In many local committees of the City of Rijeka, there are open playgrounds for everyday recreation of citizens. In addition to open playgrounds in the city, there are 28 bocce alleys, of which 18 bocce alleys are intended for sports and recreation, while the remaining 10 bocce alleys are

used primarily for recreation of citizens, most often the elderly. It should also be noted that for the recreation of citizens, fitness equipment for exercise has been set up at ten locations in parks, along with children's playgrounds and on Grčevo beach and the promenade on Kostabela.

List of Rijeka fitness clubs and private spaces of organized recreation programs

- Aikido klub,
- Takemusu Giri - Krav Maga,
- Ashtanga Yoga Studio Rijeka,
- Capoeira Beira do Rio,
- Capoeira Jacobina Arte Rijeka,
- Center for Sports and Recreation Fiskultura,
- Dance&Fitness Studio Trinity&co,
- DSR Carolina 3,2,1, DSR Centar Miketa,
- Energy Fit,
- Fitness center Blue Gym Belveder,
- Fitness center Blue Gym Kantrida,
- Fitness center Lovorka,
- Fitness centar Terminal 7,
- Fitness centar Olympic,
- Fitness center Cosmo gym,
- Fitness centar Scorpion gym,
- Johnny Bravo Fitness Center,
- Fitness centar Active,
- Fitness Studio S,
- Fitness Studio 9,
- Fitness Top Form Rijeka,
- Ganesha Yoga Center Rijeka,
- Gim Gym,
- Guerilla Kettlebell,
- Yoga in everyday life,
- K Fit,
- My Gym ,
- New Fitness Center,
- Dance group FLAME,
- Dance Association RiDance Rijeka,
- Dance studio Flash Dance Unit,
- Out Sports Center,
- Sports center Srdoči,
- Sport club Leone 051,
- Studio Fizio Fit,
- Studio KI,
- Motus Sports and Recreation Association,
- Urban Kiz Studio.

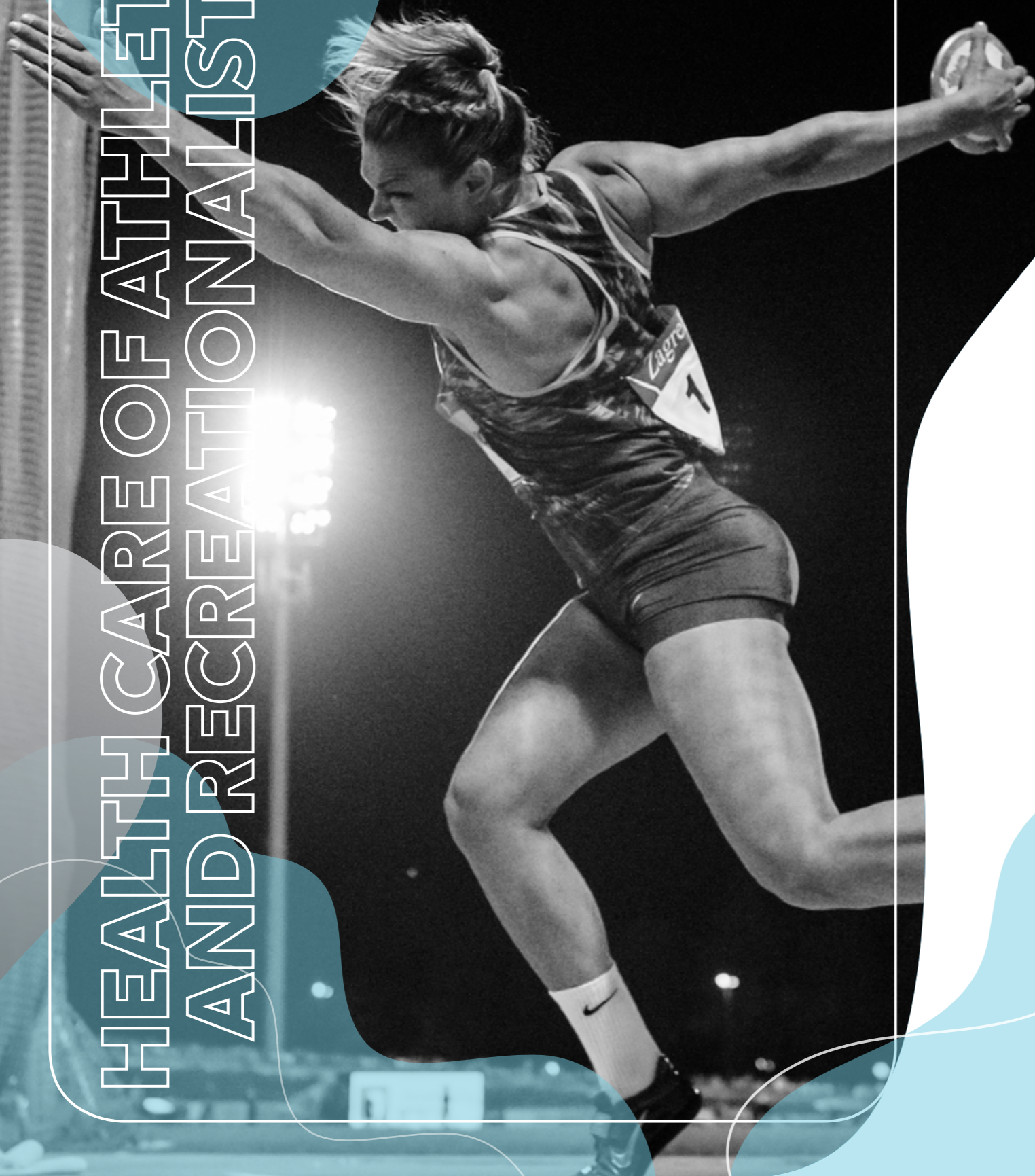
The plan for investment in sports infrastructure is linked to the funds provided by the City of Rijeka through the budget for capital investments, in plans, there are no funds provided for such investments.

What Rijeka sport, in cooperation with the Department of Sports and Technical Culture and the Rijeka Sports Association, detected that some of the projects that should be implemented in the future are:

1. Reconstruction and extension of the Dinko Lukarić hall - € 9,131,460
2. Renovation of sports facilities envelopes (renovation of roofs and facades) - € 4,817,176
3. Replacement of artificial grass on the auxiliary field of Kantrida Stadium, Robert Kom en Football Field and SRC Belvedere - € 1,386,261.5
4. Construction of the Campus Football Field - € 1,528,527
5. Modernization of the digital planetarium in the Astronomical Center Rijeka - € 529,360
6. Reconstruction and expansion of the athletics arena at Kantrida Stadium (including increasing the number of tracks from today's 6 to 8 tracks, and repairing the rock slope) - € 1,985,100
7. Introduction of a centralized supervisory and management system on sports facilities - € 423,488
8. Arrangement / reconstruction of the Drenova Shooting Range - € 1,058,720
9. Construction of a new gymnasium - € 3,970,200
10. Construction of a new archery home - € 992,550
11. Arrangement of the open playground Srdoči - 264,680 €

Total investments in sport facilities in City of Rijeka planned in the future - 26.087,522 EUR





HEALTH CARE OF ATHLETES AND RECREATIONALISTS

Sports clinic

Registered athletes must undergo a sports examination twice a year, ie every six months. These are preliminary and periodic health examinations to reduce the risks to which athletes are exposed.

The sports clinic operates within the Youth Hall in Trsat.

Medical equipment of the clinic includes an ergometric system with 12-channel ECG monitor and ergometric bicycle, spirometer, mechanical scale with altimeter, otoscope, reflector, ISHIHARA plates, visual acuity plates, percussion hammer, locking clock, adult dynamometer, mechanical calliper, phonendoscope.

It is available to registered PGC athletes under the age of 19, categorized athletes and athletes with disabilities. Athletes come for a methodical examination after receiving a certificate from the Sports Association of the Primorje-Gorski Kotar County, or Rijeka Sports Association.

By opening a sports clinic, registered athletes of sports associations from the area of Rijeka, i.e. Primorje-Gorski Kotar County, have been enabled to determine their general health, without paying a fee continuously. The City of Rijeka, the County of Primorje-Gorski Kotar and the Health Center of PGC are cooperating on the project of a sports clinic.



ENVIRONMENTAL PROTECTION AND SPORT

ENVIRONMENTAL PROTECTION AND SPORT

The Action Plan for Energy Sustainable Development of the City of Rijeka (SEAP) and the Revision of the Action Plan for Energy Sustainable Development of the City of Rijeka are harmonized with the European Strategy 20x20x20. The European Energy Security and Solidarity Action Plan prescribe a 20% reduction in greenhouse gas emissions in 2020 (compared to 1990), a 20% reduction in renewable energy in gross direct consumption in 2020 and a 20% reduction in total electricity consumption concerning to the underlying projection in 2020.

The City of Rijeka was among the first two hundred European cities that decided to take the initiative of sustainable development by signing the Covenant of Mayors in February 2009.

The main goals of sustainable development and environmental priorities of the City of Rijeka are described in the main spatial planning documents (Spatial Plan of the City of Rijeka and the General Urban Plan) - to ensure sustainable use of natural resources for the benefit of present and future generations, without significant damage to nature. Less disturbance of the balance of its components, achieving the first category of air quality, providing sufficient quantities of clean drinking water for primary use and other waters of such quality, including the sea, to ensure the smooth use of water for permitted purposes. Realize state in the area that citizens do not suffer the consequences of excessive city noise, ensure the implementation of measures for dealing with municipal waste, storage and permanent disposal of municipal and non-hazardous industrial waste, whereby space should be provided in the city area, and buildings should be built for separate collection, transport and primary recycling of municipal waste. To ensure the most favourable conditions for the preservation and free development of the natural environment and to establish an integrated system for environmental management.

Ecological projects seek to influence the awareness of citizens, especially young people, about the importance of preserving the environment.

European Mobility Week is an event dedicated to sustainable mobility, which has been held with the financial and political support of the European Commission since 2002. Three organizations, Eurocities, Energy Cities and Climate Alliance, have a crucial role to play in coordinating activities and promoting the whole event, which is an excellent platform for local authorities to achieve the following goals:

- raising awareness of citizens about the harmful effects on the environment and the quality of life of the existing way of moving in cities,
- promotion of initiatives and best practices related to sustainable urban movement,
- establishing effective partnerships with local stakeholders,
- emphasizing the commitment of local authorities to establish sustainable transport policies,
- launching new long-term policies and permanent measures,
- participation in a broader European campaign, sharing common goals with other participating cities.

Every year, the European Mobility Week, by choosing the so-called central theme focuses on some of the current issues related to sustainable mobility.

Given that city life can be challenging, now is the right time to rethink how we move. Through daily activities that reduce pollution and gas emissions that damage our climate, we create healthier and happier cities for all. Together, step by step, we can all move towards a zero-emission future if it becomes our shared concern and responsibility.

The goal is to promote healthier and smarter ways we can move around the city while contributing to pollution reduction such as safe walking and cycling as active forms of movement, the use of active transport models (walking, cycling) and the use of public transport.

Active forms of transportation, such as walking and cycling, do not produce emissions and make our heart and body healthy. Cities that promote walking and cycling are considered more attractive, less polluted and with a higher quality of life.

Manifestation within the project “Rijeka - Healthy City”, at the initiative of the Thematic Group gathered around the priority “Openness to the needs of people with disabilities”, and on the occasion of European Mobility Week and World Wellness Weekend entitled “Importance of outdoor physical activity” for people with disability. The event is held on the beach for people with disabilities in Kostanj, and as part of the event, breathing, stretching, swimming and walking exercises for people with disabilities are organized. The organizers are the City of Rijeka, the Faculty of Health Studies of the University of Rijeka and the Sports Association of Persons with Disabilities of the City of Rijeka.

Donation of the City of Rijeka in the amount of 1,400 EUR was made to the Red Cross Rijeka for the purchase of an electric bicycle. The City of Rijeka gave one Ricikleta (electric bicycle named after Rijeka) to the Red Cross for use, thus helping employees and volunteers to reach their protégés and users faster, more comfortable and in an environmentally friendly way.

Such a solution proved to be a good practice, and on the occasion of Mobility Week and in the spirit of theme “Mobility with zero emissions for all” the City of Rijeka will make a donation to the Red Cross to purchase another electric bicycle to continue to perform their tasks and promote alternative environmental trends.

Initiation of the project of arranging the bicycle route City Center (Žabica) - Preluk (city border)

This is a route that is often used by cyclists and users of public bicycle systems,

and it is necessary to prepare documentation for its arrangement. It is justified to invest in this project since the construction and arrangement of bicycle paths is supported by the ministry, and it is possible to apply to obtain funds from EU funds. The project should consider possible ways of arranging the route and provide solutions for the establishment of a bicycle path, construction works or the application of horizontal signalization and correction of the traffic regime.

The celebration of the European Mobility Week in Rijeka and the Rijeka on the Move campaign are part of the activities of the “Rijeka Healthy City” project.



RIJEKA AS EUROPEAN CITY OF SPORT 2022

Rijeka will have numerous sports activities that will intensify to the maximum in 2022 and prepare and maintain them in a quality organizational way. Due to the consequences of the pandemic caused by the COVID-19, the City of Rijeka will make every possible effort to return sports and recreation to all its citizens' daily lives. Quality programs and projects that have been implemented so far will continue to be implemented, but their intensity will

increase as a measure against the bad impact of closing schools, sports clubs, and recreation centres on citizens' quality of life.

The goal is to maintain the existing and contribute to the creation of new activities for the development of sports and recreation in the City of Rijeka for everyone and everything and to monitor the priorities and measures in its implementation.

Program goals	
Development of sports and recreation in the City of Rijeka	
PRIORITIES	MEASURES
1.1. Mass inclusion of children and youth in sports and recreation programs	1.1.1. Sports and recreation system for children
	1.1.2. Sports for young people
1.2. Involvement of all groups of citizens in sports and recreation	1.2.1. Sports and recreation for people with disabilities and hearing impaired people
	1.2.2. Recreation for the third age
	1.2.3. Recreation for all citizens
1.3. Development of quality and top sports	1.3.1. Strengthening the system of education of athletes
	1.3.2. Creating conditions for an adequate life for athletes
HORIZONTAL MEASURE	
Human resources development in sports and recreation	

RIJEKA AS EUROPEAN CITY OF SPORT 2022



In general, the following groups of sports activities will take place:

- Significant sports competitions
- Sports manifestations
- Sports programs

The following competitions can be expected from significant sports competition:

- Croatia Open – karate
- Indoor Open - rowing
- Windsurf - World Cup
- World Cup - long-distance swimming
- Fiumanka - sailing
- Tour de Croatia – cycling

Sports events

- Homo si teć – international marathon and sports festival
- Budo festival – martial arts festival

Sports programs and local projects:

- Homo si teć - marathon and sports festival
- Budo festival - martial arts
- Sports programs
- RiMove
- AquaRimove
- Rijeka Pleše
- Children sports books reading
- Rijeka Pliva (Rijeka Swims)

In addition, there will be numerous local competitions in each sport in the city.





RIJEKA AS A CITY OF SPORTS ACES EUROPE MANIFESTO

RIJEKA AS A “EUROPEAN CITY OF SPORT 2022” - ACES EUROPE MANIFESTO

Enjoyment in exercise

The nickname of the City of Rijeka is “Grad koji teče” meaning city that flows, not only because of the river Rječina that passes through it but also for the dynamics of life in it. Citizens attach great importance to sports and recreation, as evidenced by a large number of athletes and recreationists in the city. The importance of engaging in regular physical activity and sports is a well-known and scientifically confirmed

fact because it enables children, young people and adults to meet the needs for movement and play, which results in satisfaction in sports and exercise. The indicator of enjoyment in sports and exercise of the citizens of the City of Rijeka has been confirmed by a large number of sports clubs, recreational programs and sports facilities throughout the city.

Willingness to achieve

Achieving results in sports requires a lot of effort, time, sacrifice, perseverance and perseverance. Participation in sports competitions and playing sports enables the development of various abilities, characteristics and sports knowledge. It

is the sense of community and positive educational measures that are adopted during sports activities that encourage people to want success and good results, and this raises their self-esteem and self-confidence.

Sense of community

Sports and recreation should include as many children and young people as possible, as well as all citizens with

a particular emphasis on people with disabilities and people with hearing impairments. Nevertheless, at the same time, give additional importance to quality and top sports. All of the above justifies the thesis that sports and recreation should belong - to everyone.

Learning fair play

By strengthening the sports spirit and fair play, cultural, racial and other things are mastered obstacles, and interpersonal equality is being promoted through sports and the principles of justice, collegiality and combating violence of any kind. The involvement of young people in sports and recreation affects not only the proper physical development but also the intellectual, aesthetic and moral education

of society as a whole. Sports competitions teach young people that they have to follow specific rules during competitions, and only competition and achieving sports results puts athletes in situations where they are sometimes winners and sometimes losers, which develops young people's awareness of accepting victory and defeat as components of sports and life.

Improvement of health

Due to the positive effect of physical activity on health and prevention and reduction of the occurrence diseases The City of Rijeka through a series of programs and projects intended for citizens of all ages continuously promotes sports and recreation as a way of life. Since 1998, the City of Rijeka has been included in the European Network of Healthy Cities, a project whose focus is on the topic of health and everything that health determines. The City of Rijeka is one of the founders of the Croatian Network of Healthy Cities (1992) and one of its most active members and an example to others, especially those who are not included in the Croatian Network of Healthy Cities. As part of the Rijeka-Healthy City project, several applied types of research related to health were conducted in cooperation with the academic community, and several educational and promotional materials on

various health problems and behaviours related to health were published. At the same time, at the international level, the project promotes Rijeka as a city in which the citizens strive to ensure a healthy and quality life, which also contributes to the broader recognition of Rijeka and Croatia. By co-financing, preventive and educational health programs and actions, the City of Rijeka strives to contribute to better mental and physical health of citizens. Programs and projects are implemented in cooperation with associations and institutions and relate to health promotion, health education and health education of citizens, prevention of addiction, prevention and control of mass non-communicable diseases, prevention and control of infectious diseases, prevention and control of injuries and disabilities.



DISSEMINATION RIJEKA - EUROPEAN CITY OF SPORT 2022

In order to announce the candidacy for the European City of Sport 2022 to residents, visitors, tourists, as well as sports clubs, all target groups will be repeatedly and efficiently approached thanks to a dissemination communication plan.

COMMUNICATION PLAN:

Visual identity

In order to obtain a recognizable identity in communication, a clear and dynamic logo will be designed with attractive features that will be in line with the existing colours and coat of arms of the city, which is well known to all residents.

The logo will be placed in front of sports facilities on banners/flags, at various city events and will be promoted through roll-ups at sporting events.

Maximum visibility to citizens and visitors

Prominent visibility on the streets, in and around sports, during events and public events is a vital part of the communication plan.

The most striking means of communication will be:

- the image of the candidacy will be displayed in the city centre and at strategic points,
- flags with the logo will be hung on municipal flagpoles,
- banners will highlight the candidacy with sporting events in the city,
- promotional inscriptions will be found in all major sports facilities,
- the candidacy will be promoted through stickers and flags for windows.

Kako bismo došli do svakog građanina, aktivno ćemo komunicirati kandidaturu.

In order to reach every citizen, we will actively communicate the candidacy all online means of communication that the City of Rijeka can offer will be used.

We will enter into partnerships with the regional and national press, in order to promote Rijeka as a European city of sports in 2022.

DISSEMINATION RIJEKA -
EUROPEAN CITY OF SPORT 2022

Dissemination through sports clubs

All sports clubs in the City of Rijeka will be encouraged to use the logo of the City of Rijeka for candidacy in all their means of

communication and to forward all e-mails related to this candidacy to their members.

Digital communication technologies

Candidacy will be promoted and explained at the web site of the City and Rijeka Sports Association. Furthermore, to outreach and to apply all available digital resources to targeted public through adequate channels, emails, Facebook, Instagram, and Twitter social media

profiles will be used. To make the candidacy even more in the spotlight, promo videos and videos of activities that will promote Rijeka as the European City of Sport 2022 will be published on the Youtube channel of the city and the Rijeka Sports Association.





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